ICDA Board of Directors

• News from ICDA Board of Directors

Feature Article

• Academy of Nutrition and Dietetics Announces New Policy Stance

National Dietetic Association Reports

• Report from Indian Dietetic Association — 2017 Dietetics Day
• Report from Dietitians New Zealand — New Governance Structure, and 75th Anniversary Celebration
• Report from Pakistan Nutrition and Dietetic Society (PNDS) — March, 2017 Nutrition Month Activities
• Report from the AADYND
• Report from Japan Dietetic Association

Resources

• Just launched . . . new Dietitians New Zealand website
• Pakistan Nutrition and Dietetic Society’s Website

Calendar of Events
ICDA Board of Directors

News from the ICDA Board

The ICDA Board would like to be in touch with the members on a regular basis and keep the members updated about the ICDA activities. The Board Communications Committee has created a strategic plan to increase the interaction between the Board Members and National Dietetic Association (NDA) representatives. The committee has also prepared a flyer which will be shared with all the NDA representatives shortly.

The Board met for a tele-conference recently and discussed about the possibility of participating in regional meetings (AFDA / EFAD / AIBAN) in order to build a stronger network which is one of the components of the strategic plan for this term. So, if you are planning a regional conference or seminar in your continent, do let us know if the ICDA Board could have an opportunity to interact with the members.

ICDA Board of Directors

Feature Article

Academy of Nutrition and Dietetics Announces New Policy Stance

Consumers seeking health guidance must be protected from those who are not educated or licensed and do not receive ongoing professional development. Many members of the ICDA including the Academy of Nutrition and Dietetics in the United States are grappling with questions about the manner in which non-registered dietitian nutritionist professionals are providing medical nutrition therapy and similar services.

Whether these individuals refer to themselves as health coaches, nutrition counselors or something else, it is critical to know whether they have the necessary qualifications and competencies to ensure the health and safety of patients, clients and other consumers. This aligns with ICDA’s support for “increased awareness of standards of education, training and practice in dietetics and more adoption of evidence-based practice.”

The Academy’s Board of Directors recently adopted a policy stance recognizing the value of protecting a legislated scope of practice and ensuring only qualified individuals provide certain nutrition care services such as MNT:

- Individuals including but not limited to those working as health and/or wellness coaches must meet the minimum qualifications needed to be 1) licensed as a dietitian in states with licensure or 2) a registered dietitian nutritionist in states without licensure to provide medical nutrition therapy unless such practice is inherent to his or her professional licensure scope of practice.
Medical nutrition therapy is an evidence-based application of the Nutrition Care Process, which RDNs are uniquely trained and qualified to provide.

The provision of MNT (to a patient/client) may include one or more of the following: nutrition assessment/re-assessment, nutrition diagnosis, nutrition intervention and nutrition monitoring and evaluation that typically results in the prevention, delay or management of diseases and/or conditions.

The Academy recognizes that other qualified persons may assist the RDN in providing MNT. But the RDN must ensure that these individuals, whether or not they are credentialed by the Commission on Dietetic Registration, are qualified to perform the tasks delegated to them. To the extent the MNT provided is limited to primary prevention, other practitioners, including nutrition and dietetics technicians, registered, may be qualified and effective in providing care.

The Academy recognizes that health coaches, when limited to activities for which they are qualified, can be a valuable resource for patients struggling to achieve lifestyle changes. However, many people in the United States and in other countries simply do not know that many health coaches or personal trainers do not have the educational background to address anything beyond general non-medical nutrition education and cannot effectively (or often legally) provide medical nutrition therapy.

Without predetermined, objective standards for education and training, there is no guarantee that health coaches can protect the public and provide safe, effective outcomes. Legislatively defined standards for licensure allows for a mechanism to ensure that those who are not RDNs have met required standards for education and training.

The Academy accepts its responsibility to offer guidance to outside organizations whose members seek training and credentialing to provide nutrition care and education. In so doing, we can protect consumers through the establishment of adequate, defined minimum credentials for practice.

The Academy’s board determined that relevant Academy departments should work with other nutrition and stakeholders to evaluate various credentials held by health coaches for their credibility and ability to protect consumers and effective positive health outcomes. CDR is uniquely qualified to evaluate credentialing and should engage outside stakeholders (e.g., coalitions, credentialing organizations, professional associations) when those groups are establishing scopes of practice for their members or proposed credentials that overlap with or relate to the scope of practice for RDNs and NDTRs. To facilitate international practice, we must continue our work to achieve similar standards and reciprocity among countries when possible.

NDAs should note that the most effective time to influence these stakeholders is often when they are first considering developing educational and credentialing programs if the potential exists to overlap the scope of practice (especially the provision of medical nutrition therapy) for RDNs and NDTRs.
When an NDA is approached to engage in dialogue or help establish minimum credentials to perform MNT, credentialing and practice experts within the NDA should be consulted for guidance and comment.

For more information on the Academy’s stance on this issue, please contact Jeanne Blankenship jblankenship@eatright.org Academy of Nutrition and Dietetics

National Dietetic Association Reports

Country- India

Indian Dietetic Association Celebrates Dietetics Day

Indian Dietetic Association (IDA) celebrates Dietetics Day nationwide every year on 10th January to promote awareness regarding appropriate diet, nutrition and good health in the community. IDA, with 23 chapters pan India, plays an important role in promoting wellness of the population by creating awareness on healthy eating with emphasis on preventive nutrition and management of diseases.

During conceptualization in 2013, a special logo was designed for Dietetics Day based on a nationwide competition amongst its members.

Every year a different theme is chosen from among the numerous suggestions IDA invites from its members. Every chapter undertakes different activities to spread the messages around the theme. These range from lectures, walks, competitions to events at fairs, bookstores, cafes, schools and hospitals. Media coverage further helps to spread the messages.

In 2014, the first Dietetics Day was celebrated with the theme “Healthy Foundation for a Healthy Tomorrow”. Activities revolved around school children and teenagers at school and college level, educating them for healthy eating practices, nutritious tiffin competitions, nutrition quiz, awareness regarding junk foods and its ill effects.

2015 saw the theme “Girl Child and Nutrition” with the slogan “A Healthy Girl Becomes A Healthy Mother. Good Nutrition is an Investment Like No Other”. Girls and Mothers were given talks on healthy eating and disease prevention. Cooking demonstration of nutritious foods for pregnant moms, healthy food exhibits were some of the activities by different IDA chapters.
Food Safety was the theme for Dietetics Day 2016 with the slogan “Make Food Safe to Eat”. Simple household methods to detect food adulteration were demonstrated, street plays on how to make food safe, prepare hygienic food for better health were conducted, lectures and demonstrations for ladies at social organizations on detection of food adulteration, importance of reading food labels were some of the activities conducted by various IDA chapters.

“Consult a Dietitian – Get Fooducated!” was the theme for Dietetics Day 2017. It was celebrated with great enthusiasm across India. Diet camps, exhibitions, poster displays, handouts, public awareness talks at scientific and social group meetings helped create awareness about the importance of a dietitian, her qualifications, roles and responsibilities. The coverage in print media, television and social media helped to spread the message wide and clear.

Youngsters participate in the 2017 Dietetics Day public awareness program held at a Mall in the city of Ludhiana, Punjab, India

Conduct of the Dietetics Day celebrations by various chapters is coordinated by IDA Media Committee comprising of National President Sheela Krishnaswamy, Chaired by Seema Puri and committee members Neelanjana Singh, Shilpa Joshi, Mitali Palodhi, Rita Bhargava and Preeti Shukla along with support from National Executive Committee members and Chapter Presidents.

*Media & Communications Committee*

*IDA*
Country - New Zealand

Report from Dietitians New Zealand – New Governance Structure, New Website and 75th Anniversary Celebration

Transition to a Skills-based Council

In 2014 a review of Dietitians New Zealand (Dietitians NZ) governance was undertaken which opened the pathway to further strengthen governance level accountability and advance Dietitians NZ by transitioning from a model of a regional representative Executive Committee (EC) into a skills-based national Council.

At the 2015 Dietitians NZ Annual General Meeting (AGM) a revision of the Dietitians NZ Rules to accommodate the new Council skills-based governance structure were accepted. Under its new Rules the Association is required to have a minimum of six and a maximum of eight Councillors. At that time the Council had ten members, however, during the transition period of time until the conclusion of the 2017 AGM, transitional arrangements have applied to the appointment and election of the [transition] Council.

In May 2016, and in accordance with the new Dietitians NZ Rules adopted at the 2015 AGM, five existing Councillors declared they would be stepping down to make way for three new skills-mix Councillors to be nominated and elected. Dietitians NZ is now in the final stages of the transition and at the 2017 AGM in August, two new Councillors will be elected, making the transition complete.

Dietitians NZ celebrates 75 years!

Dietitians NZ started life as the New Zealand Dietetic Association in 1943 with 47 active members. Now, membership stands at over 650. The seventy-five intervening years have seen huge changes, and the association looks forward celebrating where it has come from and where it is going.

Next year, 2018, planning is underway for a 75th Jubilee Celebration Conference to be held in Auckland on August 30, 31, and September 1st at the Langham Hotel. The Jubilee theme, “Celebrating 75 Years – Remember the Past; Prepare for the Future” will carry through the Conference scientific and social programme. New Zealand dietitians have lived, worked and studied in a number of countries and would now like to showcase their place in the world of Dietetics.

The planning stages of the Conference are underway, some high quality presenters for the programme have already been identified and there will be some exciting opportunities for networking. Dietitians NZ look forward to welcoming as many friends and colleagues as possible from here and overseas to share in the 75th Jubilee celebrations.

Please visit our website www.dietitians.org.nz where further information will be posted as it comes to hand.

Louise Beckingsale
Dietetic Communications Advisor
Dietitians NZ
dca@dietitians.org.nz
Pakistan Nutrition and Dietetic Society (PNDS) March Nutrition Month Activities

Every year in March, Pakistan Nutrition and Dietetic Society (PNDS) organize Nutrition Month with various activities to provide nutrition related information and guidance to public. This year theme was “Healthy Eating for Healthy Pakistan” focused on public awareness activities in relation to nutrition and health promotion in Obesity and Weight Management, Kidney Diseases, Diabetes and Public Health Nutrition. Registered Dietitians (RDNs) were supported as the most valuable and credible source of scientifically-based food and nutrition information. PNDS promoted healthful eating messages to the public through a media campaign. Pnds members participated in the campaign with great enthusiasm by organizing various public awareness activities during the month of March at their workplaces and institutes.

A Press conference was organized on 2\textsuperscript{nd} march by PNDS at Press Club where PNDS spokes persons highlighted the role of nutrition in health and disease. While addressing the journalists, PNDS members raised the voice for establishment of foods and nutrition council at Govt. level, so that usage of title, nutritionist and dietitians can be legally protected.

Registered Dietitian Nutritionist day was celebrated on March 24\textsuperscript{th} in which a large group of PNDS members including Dietitians, Nutritionists, and Dietetic students who attended the program and share their achievements with each other.

PNDS Faisalabad Chapter Launching Ceremony:
PNDS executive committee (2015-2017) successfully launched PNDS 3\textsuperscript{rd} Chapter in Faisalabad on the occasion of First International Conference on “Sustainable Approaches to combat Malnutrition in Pakistan”. Dr Beenish Israr, Lecturer at Department of Home Sciences and Nutrition, University of Agriculture Faisalabad will be the Chapter In-charge. Dr. Mian Kamran Shareef will be the co-chair.
Fayza Khan, President PNDS and Dr. Beenish Israr, Chapter Head Faisalabad
Chapter signing the MOU. Ms. Nida Javed, Vice President, PNDS, Dr. Nilofer F. Safdar (Ex. President, PNDS) were also present in the chapter launching ceremony.

Fayza Khan,
President PNDS

Country - Argentina

Report from AADYND

Like every year, AADYND promotes the continuous training of Licensed Dietitians. Numerous online courses have been offered, addressing multiple topics such as vegetarian, good manufacturing practices and management of food services, child nutrition, gluten-free food, gastroenterology, gerontology, community nutrition and audit of food services.

Likewise, onsite courses and workshops have been initiated regarding the following topics: nutrition in critical patients, psycho-nutritional treatment in overweight patients, groups coordination, use of feeding pumps and bibliographic search.

On the other hand, on May 12th the II Conference on Nutrition and Sport was held, with the presence of recognized experts in the area. This event was attended by 102 participants. Meanwhile, we are working on the organization of the AADYND VII Nutrition Conference of the Autonomous City of Buenos Aires, which will be held on August 23rd and 24th under the motto "Nutrition: science in motion."
On the other hand, AADYND participated, represented by colleagues who work in the area, at the National Meeting on Nutrition in Disability (RENADIS) convened by the Argentinean Federation of Graduates in Nutrition (FAGRAN), on May 11th and 12th, 2017.

Lucía Rey
AADYND

Country - Japan

Report from Japan Dietetic Association

Establishing August the 4th as "Nutrition Day," and Aug. 1st. - 7th. as "Nutrition Week," to promote "Enjoy Nutrition" nationwide!

It has been said that "There are no nutrition-related issues in Japan now." Certainly, there are extremely few cases at present where nutritional deficiency disease is caused by food shortages. However, along with the westernization of the diet in Japan and the reduction of exercise in the daily lifestyle, on one hand we have seen an increase in obesity and lifestyle-related diseases, and furthermore, an increase in malnutrition-related issues in the elderly, invalids, and young women. Thus, Japan is also on the verge of being faced with the "Double Burden of Malnutrition," a situation outlined by WHO and considered to be due to nutritional disorders. In many of the cases where nursing care becomes a necessity, the cause can be attributed to lifestyle-related diseases due to overnutrition, or frailty due to undernutrition. Thus, in order to achieve one of the basic policies being promoted by the Japanese government, the "Extension of the healthy life expectancy," we can consider that it will be necessary to address this "new nutrition-related issue," the "Double Burden of Malnutrition," caused by nutritional disorders. In addition, in Japan at the present, there is an over-abundance of information related to diet and food, and more than a few of the citizens are confused by the biased information seen on the internet or the various media outlets. Therefore, we consider that it is our calling, as registered dietitians and dietitians, to distribute nutrition information backed up by scientific evidence to the citizens, and work on solving these kind of "new nutrition-related issues."

In order to promote the maintenance and improvement of health for everyone, in 2016 the Japan Dietetic Association established August the 4th as "Nutrition Day," and August 1st - 7th as "Nutrition Week." In order to increase recognition and understanding related to these "new nutrition-related issues," the Japan Dietetic Association is planning a number of events and programs that will be conducted by registered dietitians and dietitians. All of these events will be designed to promote the resolution of these "new nutrition-related issues."

In the new fiscal year, registered dietitians and dietitians will initiate on-site mass media events and conduct several web promotional events, for example, the designation of prominent persons as Health Ambassadors, each of which will target an audience of about 10,000 normal citizens. The various Prefectural Dietetic Associations also have plans for events to be held in their respective local regions. In order to promote projects where experts in the field of nutrition recreate scientific evidence on-site, we will hold the Japan Convention for Nutrition and
Dietetics, which will be held for two days, on August the 6th. (Sunday) and August 7th. (Monday), during which about 1,000 registered dietitians and dietitians from all over Japan will meet and participate in a variety of events. We will also conduct a number of events related to the promotion of August the 4th as "Nutrition Day."

We consider it our task is to realize an appropriate diet and promote a healthy future for Japan, free of health discrimination. These events will be just one step forward toward these goals, and you may rest assured that we will constantly strive for further improvements.

Yasuhiro Kido

Resources

New Dietitians NZ Website

Dietitians NZ new website goes live on 1st June 2017 and will be officially launched at the 2017 National Meeting in September.

The new website is going to allow for greater sharing of news and resources for Dietitians NZ members so they continue to feel professionally supported by their dietetic colleagues. The public facing site will ensure that dietitians are valued and recognised as key nutrition experts in New Zealand who translates the science of nutrition into practical use for the benefit of the public.

The domain name remains the same www.dietitians.org.nz
Pakistan Nutrition and Dietetic Society’s Website

Just launched . . . Pakistan Nutrition and Dietetic Society launched its new website with new features and new outlook in April 2017.  www.pnds.org
Follow us on our Twitter account @pndsorg

Fayza Khan,
President PNDS

Calendar of Events

2017 National Meeting of Dietitians NZ
31 August – 1 September 2017 at Te Papa Museum, 55 Cable Street, Wellington, NZ
More details to come

10th EFAD Conference
28 – 30 September 2017, Rotterdam, Netherlands
Theme – The Future is Now
www.efadconference.com

Food & Nutrition Conference & Expo™
21 – 24 October 2017, Chicago, USA
Theme – Celebrating 100 Years
http://eatrightfnce.org/

19th Congress on Nutrition and Metabolism in Renal Disease
26-30 June 2018, Genoa, Italy
Save the Date

7th Asian Congress of Dietetics (ACD)
5 – 8 July 2018 at Jockey Club Auditorium, Hong Kong Polytechnic University, Hung Hom, Hong Kong
Theme – The Rise of Nutrition and Dietetics in Asia
Email – acd2018@hkna.org.hk