

Dietetics Around the World

The Newsletter for the International Confederation of Dietetic Association



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- 12th International Congress for the Study of Obesity from 17-20 March 2014 in Kuala Lumpur, Malaysia
 - The 17th ICRNM in Wurzburg, Germany from 6-10 May 2014
 - 51st European Renal Association-European Dialysis Transplant Association (ERA-EDTA) Congress from 31st May to 1st June, 2014 in Amsterdam, Netherlands
 - 5th Buenos Aires Nutrition Conference “Nutrition and Health: new trends” on August 13th and 14th, 2014
 - 6th Asian Congress of Dietetics (ACD) in Taipei, Taiwan from 21-24 August, 2014
 - CONBRAN 23rd edition, 17-20 September, 2014, in Vitória, ES, Brazil
 - Food & Nutrition Conference & Expo, Atlanta, Georgia USA, October 18-21, 2014
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ICDA Board of Directors

From the Chair of the ICDA Board of Directors

Welcome to Dietetics Around the World in 2014. Happy New Year to everyone and we hope the year ahead will bring both personal and professional rewards to all dietitians everywhere.

I have just had the privilege of attending the Annual Conference of the Indian Dietetic Association (IDA) in Pune, India, in December 2013. This was the last major event of the IDA's 50th anniversary year. Congratulations to the IDA for a very interesting and stimulating program and it was a chance to talk with dietetics professionals more widely. They celebrated Dietitians Day on January 10th and we wish them well in the constant need to keep the profession before decision makers. For someone from a country with so few people in such a large geographic space, the sheer magnitude of the population was confronting. Challenges indeed for nutrition professionals with many problems still to solve.

During the conference I was reminded of the critical gains that have been made in nutrition in India. Many of the international living legends of nutrition come from India, but there is still so much to be done. We were reminded, that despite economic gains in the last decade, the proportion of underweight children remained the same, and only small gains have been made in the proportion of underweight women. One million children a year still perish from problems which are underpinned by poor nutrition. These are challenging facts. The profession was exhorted to provide affordable excellence.

My visit made me re-think some of the ways that we think about nutrition at times. The concept of “ayurceuticals” was raised, and the concept that dietitians might think about calling themselves “nutrihealth consultants”.

Putting this into an international perspective, what I think some key messages are include:

1. Embracing all the variants of dietetics practice that we see around the world and seek more positively to see the common grounds.
2. Think about the past food and nutrition traditions in countries to include these in current practice where there is evidence to support them, or develop the evidence where this is missing.
3. Use research strategies wisely and not rely on randomised controlled trials as the single source of truth. Controlled observational studies provide insight and can be more pragmatic and practical.
4. Dietetics has much to do to improve the lives of people but must be alert and aware of the political and social environment as well.

To me the great thing about the ICDA is the mutual learning from each other. We can use this strength to meet our common goals and agenda in the coming year.

Best wishes to you all for 2014!

Sandra Capra
Chair, Board of Directors, ICDA

Feature Article

Vienna Declaration at the Conference in Austria

In the course of the WHO European Ministerial Conference on Nutrition and Non-communicable diseases in the Context of Health 2020, a declaration was written which outlines guidelines and aims for all health care professionals including dietitians.

European dietitians attending the EFAD/DIETS2 conference in Garda, Italy discussed the declaration in November 2013.

Following is a summary of the declaration:

Vienna Declaration on Nutrition and Noncommunicable Diseases in the Context of Health 2020

In the context of the program “Health 2020”, the WHO European Ministerial Conference on Nutrition and Non-communicable diseases of the European region was held on July 4-5th2013 in Vienna, Austria. Aim of the conference was to issue the so-called “Vienna Declaration”, a document which provides evidence-based solutions for the fight against obesity and nutrition-related non-communicable diseases. The declaration had investigated and analysed for months in advance by the WHO European member states and other stakeholders. Not only the Ministers of Health, but also other representatives of the member states of the European region and civil society, as well as health experts

and intergovernmental organizations reaffirmed their commitment on the issue by gathering in Vienna.

The declaration contains 18 issues or aims respectively, which can be summarized as follows:

- The acknowledgment of the problems caused by a poor and unhealthy diet as well as unhealthy lifestyle patterns especially in the well-being of children.
- The prevention of overweight, obesity and undernourishment by supporting and investing in food systems that encourage healthy eating. All relevant sectors need to engage in whole-of-government, whole-of-society and health-in-all-policies approaches.
- Tackling social inequalities and supporting vulnerable groups by facilitating access to a healthy and affordable diet.
- The reduction of non-communicable diseases to be achieved by focusing on the decrease in energy intake, saturated fats, trans fats, free sugars and salt as well as the increase in fruit and vegetable consumption.
- The development of new food and nutrition action plans as well as physical activity strategies. These should take individual needs of different population groups into account.
- Make the healthy choice the easier choice by making it accessible, affordable and attractive.

As a representative of all ministers of the WHO European region Austria's minister of health Alois Stöger signed the Vienna declaration. Austria was chosen as a suitable location for the WHO committee to gather as its government had already established a nutrition action plan in 2011. This action plan contained many of the aims listed and functioned as an example. Alois Stöger pointed out: "For the first time in the WHO's European region we have a joint strategy in the field of nutrition."

*Trudy Giesinger
Johanna Lhotta
Andrea Hofbauer, President
Austrian Association of Dietitians*

Announcement

YOUR GUIDANCE NEEDED!

The ICDA Board is attempting to develop a unified list of knowledge and competency statements that can be applied in any location of practice, worldwide.

We will be meeting in November 2014 in Phoenix, Arizona to begin this work. If you would, please locate and send these two sets of documents to Sylvia Escott-Stump at escottstumps@ecu.edu by June 1. If your country has regulations, licensing, accreditation, credentials, or standards that are used to determine who can practice as a dietitian/nutritionist, please participate. No infringement of copyright will occur, as we will be looking for the common terminology, curriculum, and competencies.

Interested country representatives should contact Sylvia for more information. Thank you in advance!

ICDA Board of Directors

National Dietetic Association Reports

Country – Argentina

AADYND's Activities in Argentina

AADYND (Asociación Argentina de Dietistas y Nutricionistas Dietistas) held the XX Annual Meeting of Nutritionists and the IV Buenos Aires Nutrition Conference with the participation of prestigious national and international speakers and more than 350 attendees. The theme was "Dietitian's field of action: present and future".



Organising & Scientific Committee of the Conference

During 2013, AADYND organized 7 continuing education face-to-face courses for more than 100 professionals. Some of the topics were: Nutrition Therapy for Diabetes, Nutrition Therapy for Obesity, Nutrition Support and Anthropometric Nutritional Assessment.

From the e-learning platform AADYND increased the number of online courses to 15 with a total of 580 students. Pediatric Nutrition, Vegetarianism, Nutrition in

Gastroenterology, Geriatrics and Good Manufacturing Practices were some of the featured online courses. AADYDN organized several scientific meetings with successful media impact (newspaper, radio, TV) with the sponsorship and collaboration of food and health care companies.

A new External Advisory Scientific Committee was established to provide guidance on the organization of courses and conferences. This committee consists of chairs and professors from the Nutrition department of the main Universities of Buenos Aires.



This past year, AADYND's headquarters were remodeled and a new classroom was opened for on-site workshops. The journal of the association DIAETA is indexed in LILACS and Scielo databases and is going to have its own website this March.

For 2014, AADYND is working on the agenda of continuing professional education (CPE) activities.

AADYND's Scientific Committee

Translation by Romina Barritta Defranchi – ICDA Representative

Country – Canada

PEN: Practice-based Evidence in Nutrition® from Canada

PEN: Practice-Based Evidence in Nutrition® can help to keep you on the leading edge of dietetic practice. Designed in a question and answer format, each topic area includes a collection of questions, evidence-based answers synthesized from the best international literature, references, tools, resources and background information. As an online database, the PEN system is fully searchable, providing easy access to over 180 topics reflecting all areas of dietetic practice. More topics are being added as practice questions and as new evidence emerges. Lead by Dietitians of Canada (DC) and managed by a global partnership of national dietetic associations including the British Dietetic Association and Dietitians Association of Australia, the PEN system helps establish dietitians around the world as THE evidence-based nutrition practitioners. This is in keeping with the ICDA International standard of good practice for the dietetic profession.

The PEN® Global team celebrated important achievements in 2013!

The first 40 PEN Evidence Toolkits were launched early in the year. Toolkits provide a quick summary of evidence-based practice guidance organized according to steps in a standardized Nutrition Care Process (NCP) as described by the Academy of Nutrition and Dietetics. For those groups adopting the International Dietetics and Nutrition Terminology – IDNT, you'll find practical examples to assist with implementation. More toolkits are coming in 2014.

The PEN system was profiled at two international conferences in September 2013. Annette Byron (Dietitians Association of Australia) presented a poster “**PEN[®] - The Global Resource for Nutrition Practice**” on behalf of the PEN Global partnership at the International Union of Nutritional Science (IUNS) in Granada, Spain. Beth Armour (Dietitians of Canada) presented a similar poster at the Cochrane meeting in Quebec City, Canada.

In December, the PEN global partnership welcomed a new national dietetic association to the international collaboration. All members of the Irish Nutrition and Dietetics Institute (INDI) now enjoy full online access to the PEN system’s evidence-based dietetic practice guidance, client tools, toolkits and more.

December also brought news that the PEN[®] system had earned HON certification. HON refers to Health on the Net, which is a non-profit, non-government organization established in 1995 and dedicated to promoting credible health information on the Internet.

To receive HON certification, a website undergoes scrutiny by HON officials and must comply with **criteria** established by HON. There is ongoing surveillance of the website and a systematic biennial review. We proudly saw The PEN: Practice-based Evidence in Nutrition[®] system included with other websites such as Cochrane.org, and MayoClinic.com as a source of trustworthy online health and nutrition information.

*Jayne Thirsk RD, PhD, FDC
Dietitians of Canada PEN Director*

Country – Finland

The New Finnish Nutrition Recommendations

The new Finnish nutrition recommendations were given in January. The Association of Clinical and Public Health Nutritionists in Finland has not been directly involved in renewing the recommendations, but a lot of members from the Association have been in the expert group.

During the year 2014 our association will take active part in implementing the new recommendations.

The new Finnish nutrition recommendations given by the National Nutrition Council target all Finns, and as a rule they follow the Nordic recommendations published in autumn 2013. The focus is a comprehensive health-promoting diet with quality & quantity, and as a source of nutrients through various kinds of foods and their link to human health.

The recommendations are intended to steer the actions of healthcare, catering and food industry professionals, various authorities and public health organizations in promoting public health. The recommendations also give advice on how to select food items, designed to fit the Finnish eating habits and food culture. The new food triangle and food plate model support the choices.

Finnish Nutrition Recommendation 2014 can be found at <http://www.ravitsemusneuvottelukunta.fi/portal/en/nutrition+recommendations/> and the Nordic Nutrition recommendations - www.norden.org/nnr .

Association of Clinical and Public Health Nutritionists in Finland

Country – France

Nutrition & Cancer – A Major Challenge for Dietitians in France

In oncology, nutritional status is one of the essential elements in prognosis of the disease and the effectiveness of the treatment. However, these patients face the risk of malnutrition, especially those with digestive cancer (80%) and women with breast cancer (36%). In this context, and on the occasion of World Cancer Day, which takes place each year on the 4th of February, AFDN (The French Association of Nutritionist Dietitians) emphasizes the importance of the dietitians' role in overall nutritional care.

For patients with cancer, malnutrition is a serious risk for many reasons. Firstly, malnutrition can reduce effectiveness of therapy; it can also reduce the response of chemotherapies and increase their toxicity. Secondly, it may have two important consequences for the clinical state of the patient – a) it can result in loss of immunity, which increases the risk of infection and digestive disorders, or result in loss of muscular mass which can cause phlebitis, bedsores or loss of independence (with a major impact on the quality of life), b) it can cause bad scarring and/or slackening of stitches. Finally, some tumors may be directly at the origin of malnutrition, such as the digestive tract, which cause appetite loss and alter deglutition. Such effects worsen the prognosis and increase the mortality risk for patients affected by cancer.

The French dietitian plays an important role in prevention, care and nutritional education for malnourished cancer patients. The aim of nutritional assessment that dietitians carry out as soon as a patient is admitted is to identify malnutrition in its earliest stage and to increase the effectiveness of treatment. This is done before hospitalization, in association with city networks, whenever possible. In this assessment, all parameters of malnutrition are systematically inquired into, and then sent to the doctor who decides the prescription.

It is then the responsibility of the dietitian to translate the prescription into daily menus for each patient – in terms of quantity and type of food, food supplements and nutritional supplements – based on the assessed needs.

Dietitians also learn different feeding techniques, ranging from oral feed to follow-up care of enteral nutrition (by probe in the digestive tract), or parenteral nutrition (intravenous route) to oral supplements (prescribed as medication). Another important role of the dietitian is the patient education to make him adhere to his nutritional plan as soon as cancer is diagnosed and also being involved throughout his care.

Outside the health care facility dietitians play an important partnership role in ensuring continuity of care, upstream and downstream, with the relay-hospitals, medical networks, city medical staff and home services.

On the occasion of the World Cancer Day on February 4, 2014, the AFDN reminded patients and healthcare professionals in oncology that since 2012 there is a reference on nutritional care for adults with cancer. Ten Personalized Care Plans have been prepared by experts of the French Society for Clinical Nutrition and Metabolism (SFNEP) and the Food Network National Cancer Research (NACRe), in pathological and therapeutic contexts. They are planning tools for caregivers, and to provide information to patients.

Isabelle Parmentier
Présidente de l'AFDN
afdn@adfn.org

Country – Hungary

Energy Balance Health Programme for University Students in Hungary

The Hungarian Dietetic Association got an overview of the nutritional status and eating habits of 1500 young people within the E3 energy balance programme in six months.

Free-of-charge professional programme of the Hungarian Dietetic Association called Energy Balance Health Programme for University Students was launched in March 2013 at three universities, aiming to promote healthy eating and living among the students. The programme consists of lectures by expert dietitians, free personal consultation, and a quick nutrition assessment. Nearly 1500 students have utilised the consultation since March. Fortunately, the majority of them wanted to know more about healthy eating and not about weight-loss diets and fad diets.

The key to maintaining bodyweight is energy balance. It is important to integrate this knowledge into the students' minds since lifestyle and eating habits are mainly formed during childhood and early adulthood. This is why the Hungarian Dietetic Association decided to visit three Hungarian universities – Faculty of Food Science of the Corvinus University of Budapest, Medical and Health Science Centre of Debrecen University, and Faculty of Health Sciences of the University of Pécs with a comprehensive professional programme. However, lectures and consultations were open to the students of other faculties too. By the end of the three-year project, data on eating habits and nutritional

status of approximately 4500 students will be available, and this data will presumably provide a view of health condition and eating habits of their age group as well.

Since the program's launch in March, 1406 university students have visited an expert dietitian and used free-of-charge professional consultation within the frame of the E3 - Energy Balance Health Programme for University Students project. Their primary motivation was to receive as much useful information on healthy eating as possible and 64% of them visited the consultants for this reason. From the quick assessment conducted during the consultation it was found that most of them did not need to go on a diet because their average body mass index was 22.8, which is within the normal range. This suggests that the university students can prevent long term obesity or overweight problem by paying attention to the energy balance.

Mapping of the eating habits of the university students also revealed that the consumption of fruits and vegetables is low. Although the consumption of these is vital, 2% of them do not eat any fruits or vegetables at all, and 30% of the students eat these foods only once a day.

When compared to the average inactive adult population (77% is inactive, which means, they engage in physical activities less than 3 times a month), students who participated in the E3 programme are more active and take part in sports. 43% of them participate in sports regularly compared to only 23% of the adult population. However, nearly 10% of the students do not do any physical exercise.

Half of the students (47.3%) drink 1-2 litres of fluids per day, and 28% of them drink between 2-3 litres of fluids. The recommended amount would be at least 2 litres per day. The results indicate that more awareness is required regarding fluid intake.

As regards to smoking, the situation is relatively good: 70% of the students do not smoke, 20% smoke occasionally, while 10% are regular smokers.

The E3 programme is projected to last five semesters, and continues in the 2014 school-year too. Over the three-year period, the Hungarian Dietetic Association will offer 40-50 lectures and more than 600 consultations for students.

*Zsuzsanna Szucs, Executive Committee Member, Hungarian Dietetic Association
Jolan Kubanyi, President, Hungarian Dietetic Association*

Country – Iceland

Nutrition – One of the Hottest Topics in Iceland

Nutrition is a popular subject among the Icelandic public and so are various cooking shows on television, cooking books, magazines and recipe websites. The top sellers

before Christmas were mostly cooking books and books on “how to make a smoothie”. The cooking shows are both Icelandic and from other countries.

One of the Icelandic shows focuses both on fish and children. The chef shows a teenager in a simple way how to handle fresh fish and seafood and how to make simple dishes from this healthy and fresh material. A great idea and simple!

On the scientific level there are number of things ongoing and on the agenda for the coming year. A number of scientific studies are on the way. These are at doctoral, master and bachelor level, for example studies focusing on infants and vitamin-D and the nutritional status of various groups of patients at the University Hospital of Iceland. The clinical nutritionists played a large role at the “Annual Conference of the Icelandic Medical Association” a five day long conference on medical matters including nutrition and rehabilitation, among others. The role of nutritionists was highly appreciated, strengthening the bonds between medical doctors and the nutritionists.

The new Nordic recommendations on nutrition were published in 2013 and some of these recommendations have already been incorporated into the daily recommendations for the general public. However, some work is to be done, for example more detailed work on how these new recommendations are presented to the general public and used in everyday work of the nutritionists at all levels. Related to this is the discussion on the labeling of foods. On one hand the Swedish originated “Keyhole symbol” and on the other hand the British originated “Traffic lights”. The former is already used on some food products in Iceland but the traffic lights just started its journey of introduction and discussion.

The 10th Nordic Nutrition Conference will be held in Norway in March and Iceland will have a few representatives there. The Nordic Nutrition Conference is very important for communication between nutritionists in the north and especially because of the new recommendations and how they are going to be the leading light of our work for the next year.

The discussion on the origin of food and the required labeling has started and Iceland looks forward to take part in this discussion, but promoting our own products as “Icelandic” and pure is of a great advantage for us and our export throughout the world. The city of Reykjavik and their school division is starting a project focusing on meals for the kindergarten children from 2 to 5 years of age. The focus of this project is to create working plans and guidelines for those who prepare and serve foods for the young ones. Nutritionists with various experiences and a parent of a child with multiple allergies are the members of this much-needed group.

A conference was held to discuss the concepts of low carbohydrate diet and those who attended were from various fields other than nutrition, bringing forth different points of view. In February a day of education on food safety and labeling was held, attracting different individuals from a wide range of fields.

Iceland is a member of EASO (European Association for the Study of Obesity) and will participate in a conference in Sofia in Bulgaria in May this year. In a world of ever growing obesity and related complications, clear strategies need to be followed by qualified individuals to ensure a quality therapy and lifelong compliance to a healthy lifestyle.

These are the most visible projects on nutritional level in Iceland at the moment but a great deal of work is done at multiple levels and a web of discussions are undertaken with the aim to improve the quality of nutrition and the health and well being of Icelanders.

*Frida Run Thordardottir, Nutritionist
ICDA representative for Iceland*

Country – India

Indian Dietetic Association Concludes Its 50th Year Celebrations

The Indian Dietetic Association (IDA) was formed in the year 1962. The association began its 50th year celebrations in 2012 and concluded it in December 2013 with its Annual National Conference held in the city of Pune. The conference was headed by Rekha Sharma, National President of IDA, and organised under the leadership of Geeta Dharmatti, President of the Pune Chapter of IDA.

Dr Raghunath Mashelkar, eminent scientist and former Director General, Center for Science & Industrial Research, Government of India, was the chief guest at the inaugural function of the IDA conference. Here are the excerpts from Dr Mashelkar's address to a gathering of dietitians and nutritionists –

“India has had a green revolution (agriculture), a white revolution (dairy) and a blue revolution (space science & technology). Now it's headed towards a grey revolution (referring to the minds in software development & export). However, we still have nutritional challenges in our country. Although there's been economic growth, the percentage of children under three years of age who are underweight has remained constant. The number of underweight women has dropped only marginally. The 2012 Copenhagen consensus says that providing micronutrients to children under three is the best way to spend the global dollars; every dollar that you spend in this space generates 30 dollars of benefit. This has a huge impact on the social and economic development. The question that we need to ask ourselves is what innovations are we going to think of in the field of micronutrients? What are we going to do differently to improve the nutritional status of our population?”

India has many traditional crops which are nutrient-rich but are under-utilised. If 10 kg of grain is required to produce 1 kg of meat, it will be difficult to feed the ever increasing population. This means we need to look at alternate methods and means of feeding the people. We need to look into the problems of the future and start taking appropriate action today to prevent those problems. India is home to traditional medicine

(Ayurveda) and traditional food practices. We need to blend the traditional wisdom with modern science. We need to make available food products which are nutritionally rich at very low cost to the poor of this country. We need to create affordable excellence in healthcare and nutrition. Getting reliable data in our country is a great challenge. India does not have time in hand. The time has come for us to start thinking about innovation and accelerated inclusive growth. I would consider this conference as successful if at the end of it you can gather at least 20 ideas that have never been thought of before. Fifty years from now, India will be a developed country and the statistics will be different. I'm sure Indian Dietetic Association has a huge role to play in this journey. Thank you!"

Sheela Krishnaswamy
Member, Indian Dietetic Association
Editor, Dietetics Around the World (ICDA Newsletter)

Country – United States

Keeping Practice Guidelines at Your Finger Tips – USA

As the use of technology expands in healthcare industry and is more portable with devices such as smart phones and tablets, the dietitian needs more resources that can be easily accessed with electronic devices. The Academy of Nutrition and Dietetics is expanding the resources that can be accessed by electronic tools. This allows dietitians to have the most current materials with them on multidisciplinary healthcare rounds, in client counseling sessions and in community-based practice settings.

Since the Nutrition Care Process is a standard tool used in a variety of work settings, having an easy reference targeted to special practice procedures is proving useful to practitioners. One of the newest tools available in an electronic format is "The Nutrition Care Process in Pediatric Practice." This publication covers 15 conditions such as, food allergies, cystic fibrosis, diabetes, oncology, and overweight and shows how the International Dietetics & Nutrition Terminology can be applied with pediatric patients. There also are guides for adult conditions such as, lipid disorders, hypertension, diabetes, weight management and eating disorders.

By building electronic resources, the Academy is focused on helping dietitians in their daily practice to have the most current information easily accessible. In addition to the guidebooks on applying the Nutrition Care Process, the Academy updates on an annual basis its electronic diet manuals. Currently three editions exist for general practice, pediatrics and sports nutrition. Each manual links the practitioner to evidence-based practice information, practice tools, patient instruction materials, and cultural food descriptions.

The Academy has released two new position papers. One is titled, "Interventions for Prevention and Treatment of Pediatric Overweight and Obesity". It was released in October, 2013. Another paper is "Dietary Fatty Acids for Healthy Adults" which was

published in January, 2014. Both papers were developed using the Academy's evidence-based library as a resource.

The Academy celebrates National Nutrition Month® in March. This year members will promote the theme, "Enjoy the Taste of Eating Right". This campaign is focused on the public and encourages personalized healthy eating styles and recognizes that food preferences, lifestyle, health issues and cultural and ethnic traditions all impact individual food choices. On March 12, the Academy honors the Registered Dietitian Nutritionists (RDN) by promoting the value of the profession in the marketplace.

*Sylvia Escott-Stump, MA, RD, LDN
US Representative for ICDA
Dietetic Internship Director
East Carolina University
North Carolina*

Resources

PEN: Practice-based Evidence in Nutrition® - we've done the hard work for you!

Do you need the most up to date evidence to inform your dietetic practice?
Do you need food and nutrition resources and tools that are aligned with the latest science?

Do you want the growing body of evidence in food and nutrition reliably evaluated?
PEN:Practice-Based Evidence in Nutrition® can help to keep you on the leading edge of dietetic practice. To learn more about PEN, go to **About PEN** or sign up for a FREE 15-day trial at: www.pennutrition.com/subscribe.aspx.

If you are interested in learning how your national dietetic association can join the PEN international collaboration contact Jayne Thirsk at: jayne.thirsk@dietitians.ca.
PEN is connecting dietitians around the world. You can sign up for the free bi-monthly online newsletter **PEN eNews**. Come and be social with us at:

*Submitted by Jayne Thirsk RD, PhD, FDC
Dietitians of Canada PEN Director*



International Society of Renal Nutrition and Metabolism (ISRNM) Membership

Renal Dietitians are invited to become associate members of the ISRNM. The Annual Subscription rate is US Dollars 100 and includes the *Journal of Renal Nutrition*, THE Journal for renal dietitians, physicians and renal scientists, published every 2 months.

The ISRNM application form can be downloaded from the ISRNM Website: www.renal-nutrition.com or www.isrnm.org and please check for regular updates. For information about membership and the Journal of Renal Nutrition: email, write or fax the professional ISRNM and NKF Membership manager Ms Denise Dilley: Denise.Dilley@kidney.org.

National Kidney Foundation, 30 East Street New York, NY10016
Telephone: +1 212 889 2210, Fax: +1 212 889 2001
Website of the Journal of Renal Nutrition: www.jrnjournal.org

ISRNM members are able to apply for special membership of the National Kidney Foundation, Council on Renal Nutrition (CRN) for an additional US Dollars 28 and receive all the benefits of the NKF/CRN See: www.kidney.org and follow the link “professionals”.

The International Federation of Kidney Foundations (IFKF)

Although many of the Kidney Foundations have existed for 20-60 years or more and already contribute to patient education in a major way, other countries have very little or no access to resources.

Keep checking the IFKF website www.ifkf.org for the latest news and how you can get involved with your own kidney foundation, those in your region and World Kidney Day. Dietitians are now able to become associate member for an annual fee of US\$ 50.00

Please download the details from the IFKF website www.ifkf.org (under members).

Awards and Grants

AADYND will sponsor a new research grant

AADYND will sponsor a new research grant called *Beca “Dra Elena Musumanno”*. Kindly write to Romina Barritta Defranchi – ICDA Representative from Argentina, for more details.

Calendar of Events

12th International Congress for the Study of Obesity will be held in Kuala Lumpur, Malaysia from 17-20 March 2014. www.iaso.org

The 17th ICRNM will be held in Wurzburg, Germany from 6-10 May 2014.

This will be an important congress for all dietitians involved in the nutritional care of patients with Kidney Disease, whether Acute or Chronic. A dedicated website for the ISRNM 2014 Congress will be added to the ISRNM website: www.renal-nutrition.com and please follow any updates.

The 51st European Renal Association-European Dialysis Transplant Association (ERA-EDTA) Congress will be held in Amsterdam, The Netherlands from 31st May to 1st June, 2014. Visit www.era-edta2014.org for details.

5th Buenos Aires Nutrition Conference “Nutrition and Health: new trends”, is to be held on August 13th and 14th, 2014 in Buenos Aires. Visit www.aadynd.org.ar or follow AADYDN on [Facebook](#) for more information.

6th Asian Congress of Dietetics (ACD) will be held from August 21 to 24, 2014 at NTUH International Convention Center, Taipei, Taiwan. The conference theme is “Advancing health through innovating dietetic practice across Asia”. Major topics include Clinical Nutrition, Food Service Management, Community Nutrition, Dietitian Education and Certification, Research and Application, etc. The First Asian Dietetics and Nutrition Student Forum will also be held.

Please visit the website <http://www.acd2014.org> for more detailed information, and please note the important due dates of calling for papers (Feb 15, 2014) and early bird registration (March 31, 2014).

The Brazilian Association of Nutrition – ASBRAN, along with Nutrition Association of the State of Espírito Santo - Anees is promoting CONBRAN which is in its 23rd edition. The event will take place between **17-20 September, 2014**, in Vitória / ES, with the XXIII Brazilian Congress of Nutrition | V Iberoamerican Congress of Nutrition | III Symposium Ibero-American Sports Nutrition | II Symposium Ibero-American Production Dining and II Symposium Ibero-American Symposium of Clinical Nutrition. Visit www.asbran.org.br for updates.

Food & Nutrition Conference & Expo, Atlanta, Georgia USA, October 18-21, 2014

www.eatright.org/fnce. This conference developed by the Academy of Nutrition and Dietetics is for dietitians, dietetic technicians and other food and nutrition professionals. It features more than 100 sessions, 300 poster presentations and an exhibition with 300 companies.