International Standards for Dietitians-Nutritionists

Definition of Dietitian-Nutritionist, ICDA By-Law September 2016

International Education Standard, Board of Directors November 2014

Dietitian-Nutritionist (2014)

“A professional who applies the science of food and nutrition to promote health, prevent and treat disease to optimise the health of individuals, groups, communities and populations.”


The minimum level of education of a dietitian-nutritionist is a bachelor degree and a period of supervised professional practice of at least 500 hours and meets the international competency standards for dietitians-nutritionists\(^1\).

International Competence Standards for Dietitians-Nutritionists defines those minimum competences that any dietetics practitioner should demonstrate at the point of entry to the profession, and will act as a framework for their continued professional development throughout their professional life.

\(^1\) International Competence Standards for the Dietitians-Nutritionists (2016) profession are available on the ICDA web site http://www.internationaldietetics.org/International-Standards