

D I E T E T I C S



THIRD ISSUE

Around the World

The Newsletter for Members of the International Committee of Dietetic Associations

OCTOBER 1995

NEW FEATURES HIGHLIGHT THIS ISSUE

This issue of *Dietetics Around the World* focuses on "Dietetics Education and Training in the 21st Century, and includes feature articles from Associations in Ireland, the Netherlands, New Zealand, and the United Kingdom. These articles provide a sampling of information that will be presented at the XIIth International Congress of Dietetics (ICD) in Manila, February 18-23, 1996. Plan to attend the ICDA Forum I "Trends in the Work of Dietitians Around the World," and ICDA Forum II "Trends in the Education and Training of Dietitians Around the World."

Another new feature is the "International Food and Nutrition Resources" section, which includes books, newsletters, and other professional materials of interest to ICDA members. Information about food or nutrition resources that your association produces or finds useful can be mailed or faxed to the ICDA newsletter editor, c/o Pam Michael, The American Dietetic Association, 216 W. Jackson Blvd., Chicago, IL 60606-6995, USA, fax: 312-899-1979. We welcome other articles, ideas for future issues, and your feedback on the newsletter.



INTERNATIONAL CONGRESS OF DIETETICS JUST AROUND THE CORNER

If you have not already done so, make your travel arrangements now for the XIIth International Congress of Dietetics (ICD), February 18-23, 1996, in Manila, the Philippines. "Dietetics and Nutrition in an Interdependent World" is the theme

of the meeting, which will feature many renowned lecturers and IDCA member country displays.

Dr. C. Gopalan, director general of the National Institute of India, also known as the "Nutrition Statesman" of Asia, will deliver the keynote lecture. Dr. Gopalan spearheaded the campaign against undernutrition in India for almost four decades. His contributions to improve the nutritional status of poor population groups in India have benefited many developing countries.

The Nutritionist-Dietitians' Association of the Philippines is hosting the Congress. For further information contact:

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Nutritionist-Dietitians' Association of
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*Feature Articles: Training in Nutrition and Dietetics in Ireland, the Netherlands, New Zealand, and the United Kingdom.

*ICDA Members



ICD DISPLAY...IS YOUR'S READY?

All national dietetic associations officially affiliated with the ICDA will be provided with a complimentary exhibit booth, including a table measuring 2 meters x 1 meter (approximately 6 1/2 feet x 3 1/2 feet) at the upcoming Congress. The theme for the displays is, "Country Plan of Action for Nutrition." Each country's Plan is prepared according to the 1992 recommendations of the Food and Agriculture Organization of the United Nations/World Health Organization. For additional information contact:

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REPORT FROM ICDA SECRETARIAT

ICDA Meeting and Dues

As the XIIth International Congress of Dietetics (ICD) approaches, it is time to think about the Delegates' Meetings where the business of ICD will be conducted. The 27 officials appointed by national dietetic associations from around the world will make the policy decisions that will set the course for our international organization for the next four years. Delegates will meet in Manila on February 20 and 22, 1996.

Each national association's ICDA fees must be remitted to the Secretariat, for both 1993 (2 years of fees) and 1995 (2 years of fees), in order for your ICDA delegate to be able to vote at the upcoming Delegates' Meeting. Fee invoices for 1995-96 were mailed from Canada in July. (Note: fees are 0.10¢ (US) per member, per association, per year.)

Announcements were sent in September to representatives of the national dietetic associations inviting countries to stand for election to the International Planning Committee 1996-2000,

and/or to host the Congress in 2004, and to submit resolutions and agenda items for the upcoming meeting. Forms are to be returned to the Secretariat by the end of October. Please contact Marsha Sharp if you are a representative of a national dietetic association and have not received information about the upcoming Delegates' Meeting.

ICDA Planning Committee Comments

The International Planning Committee is excited about the ICD plans that have been developed by the Nutritionist-Dietitians' Association of the Philippines (NDAP), the displays and presentations that will be made by member association representatives (see the preceding article for more details about the ICDA member displays), and sessions on dietitians' training and practice around the world. We are also excited about creating a vision for ICD that will move us toward the year 2000 and beyond. The Planning Committee hopes to see many dietitians from all parts of the world attending the XII ICD in the Philippines.

On behalf of the International Planning Committee: Beverly Bajus, Karin Hadell, Asuncion Macalalag, Irene MacKay, Motoko Sakamoto, Marsha Sharp, and Naomi Trostler, we thank the dietitians and nutritionists of NDAP who have worked steadily to plan a meeting to meet the needs of their international colleagues. Note: to contact the International Planning Committee write to:

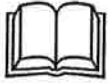
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SUCCESSFUL FORUM HOSTED BY EUROPEAN FEDERATION OF THE ASSOCIATIONS OF DIETITIANS (EFAD)

EFAD's First European Forum for Dietitians in Veldhoven, the Netherlands (June 18-21) was a great success providing over 120 participants from
(Continued on page 3)

FEATURE ARTICLES

TRAINING IN NUTRITION AND DIETETICS

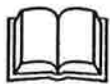


CLINICAL NUTRITION AND DIETETICS IN IRELAND

Clinical nutrition/dietetics is an exciting and rapidly developing career in Ireland. The professional body for clinical nutritionists/dietitians in Ireland is the Irish Nutrition and Dietetics Institute (INDI). The institute was formed in 1968 by a small number of dietitians and now boasts 230 members. It organizes professional and clinical meetings for its members, and represents their interests on a number of decision-making bodies, including the Nutrition Advisory Group to the Department of Health and the Royal Irish Academy.

The institute has significant input into the training of clinical nutritionists/dietitians in Ireland. Students must take a four-and-a-half year course and upon completion are awarded a B.Sc. (Hons) in human nutrition and dietetics from Trinity College, Dublin. The course includes a final-year dissertation and a seven-month hospital internship. In 1989 a clinical exam, which is unique to Ireland, was introduced as part of the final-year examinations. The exam involves assessment and development of a plan of nutrition care for both a major and minor clinical case. Currently more than half of INDI members work in hospital-based clinical positions; however, the number employed in industry and the community is increasing. There are also a considerable number of clinical nutritionists/dietitians involved in research, many of whom are pursuing post-graduate degrees.

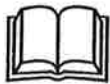
At present, INDI is developing its continuing education program in both clinical and other professional skills for its members. This year the institute is also submitting its newly formulated Health Strategy to the Department of Health. It is hoped that this strategy will provide direction to the Department of Health on provision of nutrition services over the next five years.



TRAINING AND RETRAINING IN THE NETHERLANDS

The Dutch Association of Dieticians (NVD-the Nederlandse Vereniging van Dietisten) has been the professional association of dietitians in the Netherlands since 1941. The objectives of the NVD are to raise the standards of dietetics practice and to improve the image of the profession. The NVD organizes regional and national meetings, and also sponsors refresher and retraining courses for members.

(Continued on the next page)



TRAINING AND RETRAINING IN THE NETHERLANDS, (Continued)

Recently, NVD transferred all retraining activities to an external training institute, TRIAS IJsselland. The institute is responsible for the content of the retraining courses, and develops seminars or congresses for a variety of dietetics skills, communications, and in-company training.

An NVC Retraining Committee, made up of delegates from the association membership, helps plan and monitor the training programs to ensure that all programs are implemented properly. A member of the Retraining Committee reports findings about the retraining institutes' programs to the Retraining Committee for approval. The committee's feedback is then presented to the TRIAS IJsselland Services Center. Suggestions for improvements and modifications are considered as the final programs are planned by the training institute.



DETERMINING DIETETIC FUTURES IN NEW ZEALAND

A major restructuring in the delivery of national dietetic education and training programs is taking place in New Zealand (NZ). Building on a well-developed competency-based curriculum (1), in 1991 government policy started requiring that the profession move its preentry training from the health sector to the education sector. Under the Dietitians Act, the Dietitians Board of New Zealand has statutory responsibility for preentry training. The board sought input from training providers and consulted widely with nutrition professionals to determine members' training preferences. Since approximately 20 dietitians are trained in NZ annually, economics dictated that only one group provide the training.

The result is a university-based, distance-taught Post-Graduate Diploma in Dietetics (PG Dip Diet). Five main centers offer a practical experience program concurrently with audio teleconference learning sessions. The university has contractual arrangements with nine Crown Health Enterprises for the provision of dietetic experience, as well as less formal arrangements with dietitians working in private practice, rural areas, corporations, and community organizations. The distance teaching network enables dietetic, medical, and management experts from any NZ center to contribute their expertise to student education by leading teleconference sessions. It also ensures national consistency of training standards.

(Continued on the next page)



DETERMINING DIETETIC FUTURES IN NEW ZEALAND,

(Continued)

The postgraduate program develops student competency in the five areas of dietetic practice in New Zealand. One practice area is clinical nutrition, where students examine the principles of treating nutrition-related diseases and the nutritional needs of groups and individuals within the community. Within business management, students study the principles and practice of strategic and business policy. Community dietetics competencies develop frameworks for community nutrition needs assessment, preventative nutrition strategies, health promotion evaluation, and international nutrition issues. Foodservice management extends students' knowledge and skills in this area to the health care and foodservice industries, where the focus is on quality management, food safety, and systems management. Applied dietetics provides the tools for effective practice with a strong emphasis on the development of communication, counseling, teaching, group, and professional skills.

These competencies are integrated with dietetic practice in a practicum project. Sponsoring organizations have proved to be a significant source of employment for new graduates: 85% of the first PG Dip Diet graduates were employed within three weeks of completing their course. This employment rate is quite an accomplishment in this time of stagnant employment. Graduates have also found jobs in nontraditional areas of dietetic practice including a national supermarket chain, the Public Health Commission, and the national crop and food research organization.

The success of the program requires ongoing review of the environment that influences the future of dietetics. Currently there are seven influencing factors: the demands of an increasingly diverse population, a new research paradigm, the productivity of dietitians as knowledgeable workers, the global marketplace, the delivery of quality services, contacts and partnership with other professions, and the increasing interdependence of public, private, and community organizations in the delivery of health care. The education program also involves training future dietitians to apply the principles of business management to dietetic practice, to take responsibility for the information they manage, and to develop professional skills. The university is currently working with the Dietitians Board and the profession to revise training outcomes to reflect this new environment.

(1) Dietitians Board of New Zealand, Dacum Curriculum Chart, 1983.

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POST-REGISTRATION EDUCATION & TRAINING FOR DIETITIANS IN THE UNITED KINGDOM

In its 1992 Education and Training Strategy, the British Dietetic Association (BDA), recognized the need for continued education and resolved that, "All dietitians will have access to continued professional development." The BDA felt that this goal would provide the basis for continued competence to practice, allow flexibility of learning, take into account career breaks, be coordinated and standardized by the BDA where appropriate, and be valued by employers, peers and dietitians themselves. As part of the professional development philosophy, it was acknowledged that some dietitians want continuing education to be accepted by higher education institutions and in the form of advanced degrees, while others desire recognition of work experience. Several steps have been taken to achieve these aims in the last decade.

For many years BDA specialist groups, such as the Parental and Enteral Group, the Pediatric Group, and the Community Nutrition Group, have organized and presented courses to practitioners. Many of these courses have now been approved by the Validation Committee of the BDA, whose charge is to allow recognition of the learning process and award credit that would be recognized both within and outside the profession. The first course was approved five years ago; there are now 12 validated courses that attract many students and provide structured continuing education in specific areas of dietetics.

Steps are underway in the UK to introduce a Diploma in Advanced Dietetic Practice (Dip ADP), which will recognize all aspects of continuing education, including the BDA-validated courses, higher degrees, management training, and workplace experience. Dietitians can earn the diploma after the equivalent of five years of fulltime employment and presentation of a portfolio showing how they have satisfied various criteria during their careers. Although there presently is no requirement in the UK to prove continuing competence to practice, this may become necessary in the future. The Dip ADP will give dietitians a good head start!

The Education Committee of the BDA worked closely with dietetic managers to produce a professional portfolio for dietitians. This document, which was made available to dietitians at the 1994 BDA Conference, provides guidelines for recording achievement, both academic and experiential, throughout a person's career and can be used to underpin all other continuing education activities. To date it has been purchased by about one-third of BDA members.

While many of the goals set out in the Education and Training Strategy have been achieved, BDA continues to pursue its goal of continuous learning.



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INTERNATIONAL COMMITTEE OF
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(October 1995)**

Editor's note: Please advise the ICDA Secretariat of your telephone and fax numbers and any changes to your membership listing.

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Dietetics Around the World helps ICDA achieve its mission of "serving as a forum and/or structure for strengthening linkages and bringing about greater competencies, effectiveness, and efficiency in the global dietetics community," and is published by The American Dietetic Association, 216 W. Jackson Blvd., Chicago, Illinois 60606, USA, Fax: 312/899-1758. Funding for this newsletter is provided by a grant from the Wimpfeimer-Guggenheim Fund for International Exchange in Nutrition, Dietetics, and Management. Please distribute this newsletter to your colleagues & send news items to the ADA editor via fax or mail.

EFAD FORUM (Continued)

25 countries the opportunity to exchange ideas and experiences. The Forum's main objective was to provide a meeting place to stimulate the exchange of thoughts, practical experiences, and professional knowledge in nutrition and dietetics among European dietitians. An equally important objective was to lay the foundation for a Pan-European standard for the profession.

Information was presented on the goals of the Council of Europe, recognition of higher education diplomas by the European Union, and nutritional developments in eastern Europe, which was sponsored by the World Health Organization. Other key discussions focused on: disease prevention and health education, training programs for dietitians, and professional ethics in the United States and Europe. The Speaker's Corner poster exhibits provided networking opportunities for attendees.

Feedback from this forum will be used by the Danish Dietetic Association as it plans the second European Forum for Dietitians in 1997.

CONFERENCE CALENDAR



October 30 - November 2, 1995

Nutrition Leadership: Getting It Right, Getting It Done

The 78th Annual Meeting & Exhibition of The American Dietetic Association (ADA)
Chicago, Illinois, USA
(See address on the ICDA Member's List.)

November 7, 1995

Nutrition as People Get Older Symposium

The Dutch Association of Dietitians and the Dutch Foundation for Nutrition Symposium
(See address on the ICDA Member's List.)

February 18 - 23, 1996

Dietitians and Nutrition in an Interdependent World

The XIIth International Congress of Dietetics
(See information on page 1.)

March 31 - April 4, 1996

Hands On- Nutrition Congress

The Association for Dietetics in Southern Africa (ADSA) and the Nutrition Society of Southern Africa, Stellenbosch, Western Cape Province, South Africa

For more information, contact:
Edelweiss Wentzel, RD (SA)
Organizing Committee Chair
PO Box 1246
Stellenbosch
7599, South Africa

May 18-21, 1996

Food & Nutrition Beyond Borders- Creating Strategies for the Dietetics Profession in North America

The American and Canadian Dietetic Associations' Joint Conference; Banff, Alberta, Canada
(See addresses on the ICDA Member's List.)

July 27-August 1, 1997

From Nutrition Science to Nutrition Practice for Better Global Health

The International Union of Nutritional Sciences Congress (IUNS); Montreal, Quebec, Canada
For more information contact:
16th International Congress of Nutrition
c/o Conference Services Office
National Research Council Canada
Ottawa, Ontario, Canada K1A 0R6
Fax: 613 993-7250



INTERNATIONAL TRAVELERS

Dietitians, nutritionists, and other health professionals have been reaching out to other food and nutrition professionals from around the world.
(Continued on page 4)



INTERNATIONAL TRAVELERS

- ✓ Dietitians of the US Army's 18th Medical Command's 121 General Hospital hosted a meeting with the Korean Dietetic Association in Seoul. Total quality improvement and other topics were discussed as the two groups develop an ongoing international relationship.
- ✓ The Association for Dietetics in Southern Africa assisted Jennie Schmidt, RD, from Kent & Queen Anne's Hospital, Chestertown, Maryland, USA, as she travelled with a Rotary Group Study Exchange program. Jennie visited hospitals, rural health clinics, and industry nutrition programs. She was amazed at the similarities between practice in South Africa and the USA.
- ✓ Rhona Hanning, PhD, RD, Coordinator of Research and Education, St. Michael's Hospital in Toronto and Associate Professor at the University of Toronto, visited fellow academics, nutritionists, and dietitians from Nakhon Pathom, Thailand to present the paper "The Role and Career of Dietetics in Nutrition and Health Services in Canada."

Dr. Hanning also visited Ramathibodi and Siriraj Hospitals and the Nutrition Departments at Mahidol University, Kasetsart University, and Chulalongkorn University to observe dietetics practice, training, and education. St. Michael's Hospital and the Universities of Toronto and Mahidol plan to collaborate on directing and supporting the establishment of the dietetics profession and the professional association in Thailand.



INTERNATIONAL AWARD RECIPIENT

Perla D. Santos Ocampo, MD, from Manila, the Philippines, is the 1995 recipient of the Edna and Robert Langholz International Nutrition Award of The American Dietetic Association Foundation.

Dr. Ocampo is a University Professor and Chancellor at the University of the Philippines, Manila. She is a leader in international pediatric nutrition, an accomplished researcher, a highly respected educator and administrator, and an eminent scholar. Her work in nutrition and diarrheal diseases in infants and children has had profound effects on the populations in the Philippines and throughout southeast Asia.

Dr. Ocampo will receive the award at The American Dietetic Association's Annual Meeting and Exhibition in Chicago, Ill., in October, 1995.



INTERNATIONAL FOOD AND NUTRITION RESOURCES

- ✓ *The Monitor*, an international newsletter from the Central European Center for Health and the Environment (CECHE)

CECHE is a nonprofit American organization with headquarters in Berlin. Its mission is to share information and serve as a catalyst for action to combat the public health crisis facing central Europe and newly independent states of the former Soviet Union. To be added to the *Monitor's* mailing list or for more information, contact: The Central European Center for Health and the Environment, Mauerstrasse 93, 10117 Berlin, Germany, Fax: (49 30) 308 53443.

- ✓ The German Institute of Human Nutrition, founded in 1992, is interested in collaborating with laboratories and universities for scientific exchange and research in nutrition and energy metabolism, toxicology, microbiology, epidemiology, and consumer behavior. For more information contact: Prof. Dr. med. C.A. Barth, Scientific Director, Arthur-Scheunert-Allee 114-116; 0-1505 Bergholz-Rehbrücke; <D-14558> Germany; fax: (033200) 88444.

Editor's Notes: We would like to thank the following people for submitting articles for this issue of *Dietetics Around the World*: Canada (Marsha Sharp and Helen Haresign), CECHÉ (A. Mahyera), Ireland (Kathryn Holly), the Netherlands (M. Niessen and Hilde M. van Oosten), New Zealand (Penelope A. Field), the Philippines (Velona A. Corpus and Asuncion Macalalag), the United Kingdom (P. A. Judd), and the USA (Linda Maraba).