

D I E T E T I C S

Around the World

The Newsletter for Members of the International Committee of Dietetic Associations



FOURTH ISSUE

MAY 1996



PHILIPPINES HOST SUCCESSFUL XIIth INTERNATIONAL CONGRESS OF DIETETICS!

More than 1,900 dietetics practitioners from 34 countries attended the XIIth International Congress of Dietetics (ICD), held in Manila in February. Delegates and international guests participated in presentations on nutrition research, consumer nutrition education, and dietetics practice and education, all of which supported the Congress theme of "Dietetics and Nutrition in an Interdependent World." Everyone appreciated the wonderful hospitality of the Nutritionist-Dietitians' Association of the Philippines. Information from the forums on "Education, Training, and Trends in the Work of Dietitians Around the World" will be shared with ICDA representatives once a publishing format is determined.

ICDA Delegates' Actions

At the Congress, decisions were made about ICDA structure, programs, services, and resources such as the ICDA newsletter and the publication, *Training and Work of Dietitians*. Official ICDA delegates from each national association approved the following actions:

- ◆ A provisional mission statement for ICDA was agreed upon. Between now and the next Congress in the year 2000, member associations will be consulted and a mission statement to launch ICDA into the 21st century will be considered in Edinburgh, Scotland. The provisional statement follows:

ICDA will support dietetic associations and their members beyond national and regional boundaries by achieving:

- * an integrated communications system,*
- * an enhanced image for the profession, and*
- * increased awareness of standards of education and practice in dietetics.*

This mission will also guide development of a structure to be presented to ICDA delegates at the 2000 ICD in Edinburgh.

- ◆ Congresses will continue to be held every four years. The location will rotate among three regions: Asia-Pacific (including Australia and New Zealand)/Middle East/Africa; Europe; and North/South/Central America.
- ◆ The American and Canadian Dietetic Associations will co-host the XIVth Congress in Chicago, Illinois, USA in 2004.

The Congress in 2008 will be awarded to a national organization(s) in the Asia-Pacific/Middle East/Africa region, completing the rotation begun in the year 2000.

- ◆ To have a permanent address for ICDA, the Secretariat will remain with The Canadian Dietetic Association.

ICDA DELEGATES' ACTIONS
continued

- ◆ Associations and individuals elected to serve on the 1996-2000 International Planning Committee are:

Canada-Marsha Sharp,
 Ireland-Kathryn Holly,
 Japan-Dr. Motoko Sakamoto,
 Philippines-Asuncion Macalalag,
 Sweden-Karin Hådel,
 UK-Irene C.I. MacKay,
 USA-Beverly Bajus.

Thanks to outgoing committee member Naomi Trostler (Israel), who will continue to work on special projects, and welcome to new representative Kathryn Holly.

- ◆ ICDA dues will support the following administration, planning, and public relations activities:

- * 50% of dues will be allocated to the Congress Organizing Committee as seed money, with excess funds returned to ICDA's International Fund,
- * 50% of dues will be reserved for expenses related to the Secretariat.

The International Planning Committee is authorized to receive contributions from corporations, governments, other organizations, or individuals to help offset expenses. Use of the International Fund will be determined by delegates at the 2000 ICD meeting.

- ◆ To enhance and strengthen communication among ICDA members, *Dietetics Around the World* will be published twice a year by The American Dietetic Association (ADA).*
- ◆ The US will also take the leadership role in promoting ICDA membership.*
- ◆ At the 1997 International Union of Nutritional Sciences (IUNS) meeting in Montreal, Canada,

ICDA will sponsor a presentation by William D. Evers, PhD, RD on "The Use of Technology in the International Community."*

* *Dietetics Around the World*, ICDA membership, promotion, and Evers' presentation will be funded through the Wimpfheimer-Guggenheim Fund for International Exchange in Nutrition, Dietetics, and Management of The American Dietetic Association Foundation.

Congress Highlights

Under the direction of Asuncion (Sony) Macalalag and Velona A. Corpus, the 1996 National Organizing Committee is reviewing evaluations of the Congress. Two high points were the welcome reception and the opening program. Dr. C. Gopalan's lecture was also cited as "elevating nutrition science and dietetics to the higher echelons of science, from soft science or narrow vocations to the cutting edge of modern biology."

The Organizing Committee was pleased with the attendance of members from countries who rarely participated in previous Congresses. The committee recommended that Congress organizers investigate if financial assistance can be given to dietitians in developing countries to attend future Congresses.

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NEXT ISSUE: Information due by July 31, 1996



ICDA MEMBERS EVALUATE DIETETICS AROUND THE WORLD

Many thanks to the ten ICDA representatives who completed the ICDA newsletter evaluation form, which surveyed members on the first three issues. Following is a brief summary of their comments:

- * All said the newsletter was useful; most have shared parts of it with their boards, colleagues, or students.
- * Respondents wanted expanded meeting announcements, earlier notice of upcoming issues and themes, more research information, and additional information on nonmember countries.
- * Most prefer to receive two issues a year.

This feedback will be used to prepare upcoming issues of the newsletter. Future issues will also feature a section dedicated to articles on: countries' National Plan of Action for Nutrition, international communications/technology, and dietetics education and practice information. Ongoing feedback is always appreciated; send comments to the ICDA newsletter editor (see address on page 8).



INTERNATIONAL AWARD RECIPIENTS AND CALL FOR 1996 APPLICANTS

William D. Evers, PhD, RD, extension nutrition specialist and associate professor at Purdue University, West Lafayette, Indiana, USA, won the 1995 Wimpfheimer-Guggenheim Fund award for International Exchange in Nutrition, Dietetics, and Management for a nutrition project that links specialized dietitians worldwide. Dr. Evers received \$1,000 for his essay, "Linking the World's Nutrition Educators Via Cyberspace," which describes the development of computer communications among dietetics practitioners (See article on page 6).

A special additional \$500 award was given to Amanda Frye, MS, RD, Amanda Frye Research and Consulting, Redlands, California, for her creative development of "Nutri-Net," a research project applying a geographic information system (GIS) to nutrition. The proposed project uses a GIS and the Internet to link dietitians and nutrition professionals worldwide, to promote public health through nutrition by utilizing interactive databases, and to provide a better understanding of the dietetics profession and the populations it serves.

\$1,000 Award for International Nutrition/Dietetics Distance Teaching Program

The above mentioned Wimpfheimer-Guggenheim Fund is offering a (US) \$1000 award for an essay by a professional dietitian/nutritionist that describes a specific, well-organized, innovative, international distance teaching program for nutrition/dietetics professionals, preferably with a developing country. The proposed or existing project must have a significant impact on raising standards of the profession and thereby elevating the nutritional health of the population. The project must be practical, attainable, and reach a large number of nutrition/dietetics professionals.

The author of the selected essay must be willing to submit it for publication consideration in the *Journal of The American Dietetic Association* and to share program ideas so others can copy or adapt it to their needs.

All essays must reach The American Dietetic Association (ADA) Foundation by September 30, 1996. They should be between five and seven typewritten, double-spaced pages.

Address correspondence to The ADA Foundation, 216 W. Jackson Blvd., Suite 800, Chicago, IL 60606-6995, USA. ATTN: Linda J. Maraba, fax: 1 312 899 1739.

FOOD AND NUTRITION POLICY IN NEW ZEALAND

Jenny L. Reid
Public Health Commission, Wellington,
New Zealand

Based on guidelines set by the health sector, a National Nutrition Policy was developed and endorsed by the Minister of Health in 1992 following an extensive two-year review of food and nutrition policy by the Nutrition Taskforce. In subsequent years, other government sectors, especially agriculture, education, food industry, allied organizations, and consumer groups, have been involved with policy expansion and direction.

International Conference on Nutrition

Following the International Conference on Nutrition, held in Rome in 1992, a National Plan of Action for Nutrition (NPAN) was developed which provides strategic direction for food and nutrition policy in New Zealand for the next ten years. Extensive input was received from government departments, allied organizations, food industry, academia, and consumer groups. NPAN builds on existing programs and focuses on three key areas:

- * improving household security,
- * improving food safety,
- * promoting appropriate diets and healthy lifestyles.

Recommendations also have been made for policy development and research on program development. The plan emphasizes food and nutrition settings, especially schools and in the community. Programs based on a community development model have already helped improve the nutrition status of the Maori (indigenous people of New Zealand).

Food and Nutrition Guidelines

An integral component of the National Food and Nutrition Policy is the Food and Nutrition Guidelines series. The first guidelines for healthy adults were developed in 1991. Since then, population group guidelines have been developed for healthy: infants, children (2-12 years), adolescents, pregnant women, lactating women, and older persons. Guidelines for health professionals and educators consist of a series of simple statements supported by a technical document.

National Food and Nutrition Advisory Committee

Ongoing monitoring and development of the National Food and Nutrition Policy is the responsibility of the Ministry of Health. A National Food and Nutrition Advisory Committee was established in 1993 to help develop these policies. This committee includes representatives from agriculture, education, and health, and individuals with expertise in health promotion, research, epidemiology, food industry, and the needs of the Maori.



FIGHTING MICRONUTRIENT MALNUTRITION: ASAP

Velona A. Corpus
ICDA Representative of the Philippines

To many, ASAP stands for "as soon as possible," but, to millions of Filipinos, ASAP means "*Araw ng Sangkap Pinoy*." The ASAP program, a brainchild of former Health Secretary (now Senator) Juan Flavio, was developed by the National Micronutrient Action Team in response to the country's micronutrient malnutrition problem. Implemented by thousands of health workers and volunteers, ASAP's goal is to reach millions of children and pregnant women.

FIGHTING MICRONUTRIENT MALNUTRITION: ASAP

continued

Literally translated, *Araw ng Sangkap Pinoy* means Day of Filipino Ingredients. It implies that the solution to micronutrient deficiencies is within our daily experience, and it certainly sounds more folksy and more dynamic than National Micronutrient Day.

Addressing Nutrition Concerns

Launched on October 16, 1993, and now an ongoing program of the Department of Health (DOH), ASAP addresses three of the country's pressing nutrition problems – Vitamin A deficiency, iodine deficiency disorders, and iron deficiency anemia.

On designated days twice a year, Sangkap Centers are set up all over the country – in health centers, schools, other public places, and even at roadsides. Children ages one to five are given Vitamin A capsules (200,000 IU, which have been shown to protect against Vitamin A deficiency for six months) and pregnant women are given iodized oil and seeds or cuttings of vegetables rich in iron and carotenoids. Nutrition education is an integral part of the centers' activities.

The simplicity of the strategy belies the tremendous preparation and organization required, which includes advocacy, consultative meetings, a massive public awareness campaign solidifying support from all sectors, and mobilization and training of volunteers and health personnel.

Program Rated a Success

The first ASAP was a resounding success in both outreach and increasing nutrition awareness and public support for the program. The challenge now is to build on the organizational and communication gains made, especially disseminating the underlying messages of ASAP: "The prevention of the devastating effects of micronutrient deficiencies is within our reach," therefore, promotion of daily consumption of micronutrient-rich foods is essential.

INCREASING OUR INFLUENCE TO RE-SHAPE CANADA'S HEALTH CARE SYSTEM

**Marsha Sharp, Chief Executive Officer,
The Canadian Dietetic Association**

Since 1992, the Canadian Dietetic Association has collaborated with the national associations of nurses, physiotherapists, and occupational therapists to create a new concept of integrated health human resources development for Canada. The four professions consulted with regulators, practitioners, researchers, and educators in many health disciplines. The results are published in three reports:

Integrated Health Human Resources
Development - a national framework

Integrated Health Human Resources
Development - an inventory of activity in
Canada

Integrated Health Human Resources
Development - clinical data elements
comparative review (report in process)

The reports include project ideas, literature references, and suggestions to stimulate dialogue and collaboration among health disciplines. It is hoped that dialogue would lead to a greater appreciation of the unique expertise and contributions of the dietetics profession.

Canadian System is a Model

Why are these reports important to the international dietetics community? Canada's health care system is internationally acclaimed as one of the best in the world and has often served as a model for other countries. This system is currently undergoing significant reform to meet the needs of the 21st century. There is tremendous pressure for various sectors (disciplines, institutions, agencies) to collaborate, re-structure, and demonstrate evidence based on health outcomes. It also has meant that the autonomy enjoyed by self-regulated health professions is under scrutiny.

RE-SHAPING CANADA'S HEALTH CARE SYSTEM continued

Being part of the solution has brought increased attention and recognition to dietitians as an "established" health profession. The significance of this collaboration resulted in increased external funding from government, leadership recognition from regulators and other disciplines, and expanded opportunities to be part of the health system reform process.

Reports Available to ICDA Members

Copies of the reports can be obtained from The Canadian Dietetic Association for \$30 (CDN). Special consideration will be made for ICDA member countries unable to pay the full cost. For more information, contact Marsha Sharp, CEO, The Canadian Dietetic Association, 480 University Avenue, Suite 601, Toronto, Ontario, M5G 1V2, Canada, telephone: 1 416 596 0857, fax: 1 416 596 0603.

Upcoming National Conference

Further collaboration will occur at the October 16, 1996 national conference, "Toward Developing a Flexible Health Workforce," in Ottawa, Canada. Seven health disciplines, including dietetics, are sponsoring the session. The agenda includes discussions of integrated health human resources development, cross-training, substitution, multi-skilling, and collaborative practice. Participants will include regulators, practitioners, employers, educators, researchers, and unions representing all health disciplines.



ELECTRONICALLY COMMUNICATING NUTRITION THROUGH THE GLOBAL VILLAGE

William D. Evers, PhD, RD, USA

Nutrition and health concerns worldwide have both common themes and regional differences. Historically, questions from the general population have been left to individuals or groups within their country or region. While international research

fostered collaborative efforts on well-documented global nutrition concerns, solutions to day-to-day situations often were handled by local nutrition professionals or paraprofessionals, who usually have little or no access to help outside the immediate vicinity.

Internet Brings Changes

The advent of the personal computer and the international communications system called the Internet or the "Net" has dramatically changed this situation. Communication barriers of time and space can be virtually eliminated and people with similar training can communicate quickly, even though they are separated by thousands of miles.

Dietetics professionals who use "online" services quickly discover the large amount of available information and, more importantly, the number of colleagues with whom they can communicate. Since each of us is more expert in some areas than others, the "Net" allows us to find individuals with other expertise. The assistance we provide to the public is multiplied, and public confidence in us increases accordingly.

An exciting aspect of this immediate contact is the increased awareness of nutrition concerns and solutions from different countries. We are becoming a worldwide community of dietitians, rather than geographically separated groups that exchange information infrequently. This is not futuristic fantasizing. Computer communication is here. The question is, are we willing to grasp the technology and find the best ways to use it?

Listserve and the Web

The first step has mostly been through the use of electronic mail listserve. A listserve is a single address that resends messages to subscribers. One listserve for nutrition professionals is the FNSPEC group. Started in 1993, this group has grown to nearly 600, mostly from the United States, but with subscribers in at least nine other countries: Argentina, Australia, Canada, Egypt, Israel, Kuwait, Mexico, New Zealand, and the Philippines. Averaging 15-30 messages a day, the

COMMUNICATING ELECTRONICALLY continued

group responds to inquiries on nutrition and food safety questions that are related to nutrition misinformation, policy issues, workshops, position announcements, and availability of nutrition education resources.

One of the most rapidly growing areas of the Internet is the World Wide Web, which allows anyone to develop a site or "home page." Each site can link to other sites, resulting in an explosion of connections and access to huge amounts of information.

However, this technology also brings with it a concern--the lack of verification. There is no review or filtering of most of the information that is posted. This makes it absolutely critical that dietetics professionals become involved with easily found groups on the "Net" to help people get reliable, research-based answers to their nutrition and food safety questions. Since untrained individuals, who call themselves nutrition experts, frequently disseminate erroneous nutrition information, dietetics professionals must help reduce this misinformation and public confusion.

Subscribe to FNSPEC

If you are an Internet user, you can have your name added to the FNSPEC listserve by sending the e-mail message listed below to almanac@ecn.purdue.edu. Your message should be this line (typed in lowercase):

subscribe fnspec _mg

The Almanac server will read this line, take your address from the header, and add it to the fnspec _mg mail group.

Editor's Note: Thanks to the following people who submitted articles for this issue of *Dietetics Around the World*: (Canada) Marsha Sharp, (New Zealand) Bernice E. Kelly and Jenny L. Reid, (Philippines) Velona A. Corpus and Asuncion Macalalag, and (United States) Rita Batheja, William D. Evers, Peggy Lynn Gregson, and Linda J. Maraba.



NEWS FROM OTHER COUNTRIES

NUTRITION ACTIVITIES IN HONDURAS

Peggy Lynn Gregson, MPH, RD, USA; Central American Solar Energy (and Nutrition) Project

As an international nutritionist working with the Central American Solar Energy (and Nutrition) Project (CASEP), one of my greatest challenges is finding adequate resources to help communities develop economic projects that move women and their families from poverty and despair to economic security and emotional well-being.

The purpose of the CASEP project is to:

- * enrich the lives of women and their families by decreasing their commitment of time and money to obtain firewood,
- * reduce respiratory illness and eye damage caused by firewood smoke,
- * preserve the earth's ecosystems by reducing deforestation.

CASEP also strives to develop solar cooking technology consistent with the needs of those who cook with firewood, and to foster technology transfer strategies that are culturally appropriate and sustainable.

Nutrition Education

The nutrition component of CASEP occurred as a result of hearing that one factor that reduced solar oven use was the lack of food to cook. This situation led to the investigation of malnutrition rates in Orocuina, Honduras, where the first pilot project is taking place. The purpose is to: 1) provide an acute care facility for infants with varying degrees of malnutrition (usually grades I-III), 2) provide a classroom setting for the infants' families to obtain nutrition education, and 3) provide a means to begin small businesses to increase disposable income for purchasing nutritious food. These economic ventures primarily involve producing food products high in

NUTRITION ACTIVITIES IN HONDURAS continued

protein and nutrient-dense, such as soy products and yogurt.

During the past four years, nutrition education classes have focused on protein sources and their role in the body, Vitamin A and its importance to eyes and other organs, Vitamin C and its importance in healing and health, and iron and healthy blood. After a class, children receive a homemade snack (cornbread or soy milk), prepared in part with a solar oven.

The mothers helped plan Christmas and New Year's parties for the classes. They prepared homemade products containing soybeans and cooked in solar ovens. Soy was chosen because it is nutritious and the women knew how to prepare the recipes. They made soy milk, soy chorizo (sausage), soy vanilla cake, and soy cheese (tofu). They asked to purchase white bread to make soy chorizo sandwiches. Normally, the women eat homemade corn tortillas; the "treat" of bread is rare. We hope to make soy-rich bread in the solar oven in the future.

Soybean Nutrition Workshops

These celebrations led to the creation of five soybean workshops, the goals of which are to: teach women how to convert protein-rich and nutrient-dense soybeans into healthy, good tasting foods, and explore the market for soybean products. CASEP is raising funds to begin offering inexpensive, high-protein, nutrient-dense snacks in Orocuina. I hope to have an update on the project in the fall.

To share information on similar community nutrition projects or share your comments on CASEP, please contact Peggy Lynn Gregson, MPH, RD at CASEP, 3624 T. St., NW, Washington, DC 20007, USA, phone: 202/342-2370.



INFORMATION EXCHANGE BETWEEN INDIA AND THE USA

Dietetics professionals from the Indian Dietetic Association, the Nutrition Foundation of India, and the Indian American Dietetic Association (IADA) know the fine art of networking; they are sharing information on nutrition, credentialing, and dietetics practice.

IADA is a networking group whose members are also members of The American Dietetic Association. In addition to IADA's international activities with dietetics practitioners in India, the group is active in community nutrition projects among Indian populations in the United States. Under the direction of Rita Batheja, MS, RD, IADA has developed a directory of US Indian dietitians that has been shared with other health professionals. For more information about IADA or the US/India nutrition communications, contact Rita Batheja, MS, RD, c/o The Indian American Dietetic Association, 825 Van Buren Street, Baldwin Harbor, Long Island, New York, 11510, USA; fax/phone 1 516 868 0605.



Information for the September newsletter is due by July 31, 1996. Send or fax articles on:

- * your country's National Plan of Action for Nutrition,
- * dietetics practice and education information,
- * nutrition resources including exchange lists for regional and ethnic foods,
- * meeting announcements,
- * international communications materials

to the ICDA newsletter editor: Pam Michael, MBA, RD, The American Dietetic Association, 216 W. Jackson Blvd., Chicago, IL 60606-6995, USA; fax: 1 312 899 0008, e-mail: pmichae@eatright.org.



CONFERENCE CALENDAR, 1996



June 6-8, 1996

29th Annual Meeting of the European Society for Paediatric Gastroenterology and Nutrition

Munich, Germany

For more information, contact:

Congress Organization Schafer

Karl-Theodor-Strasse 64

D-80803 Munich, Germany

Fax: 49 89 307 1021

September 4-6, 1996

Diversity—Our Future Direction

New Zealand Dietetic Association

Annual Conference

Hamilton, New Zealand

For more information, contact:

Ms. Niki Russell

Waikato Hospital, PO Box 3200

Hamilton, New Zealand

Fax: 0064 9 839 8755

September 25, 1996

"Better Breakfast" Symposium— in Search of Breakfast (English, simultaneous translation into Japanese)

Japan Dietetic Association

43rd Annual Scientific Meeting and

Satellite Symposium

Ootemachi, Tokyo

For more information, contact:

Ms. Hashimoto, Kellogg Japan

Phone: 81 3 3805 8023

Fax: 81 3 3805 8015

October 9-12, 1996

8th International Congress on Nutrition and Metabolism in Renal Disease (official language English)

International Society of Renal Nutrition and Metabolism

Naples, Italy

Abstracts due June 8; pre registration by July 20

For more information, contact:

Dr. G. Capasso, Secretary General

Cattedra di Nefrologia, SUN

Policlinico (Pad. 17)

Via Sergio Pansini, 5

80131 Naples, Italy

Phone: 39 81 5666652

October 21-24, 1996

Celebration and Discovery

The 79th Annual Meeting & Exhibition of

The American Dietetic Association

San Antonio, Texas, USA

For more information contact:

The American Dietetic Association

Meeting Services Team

216 W. Jackson Blvd.

Chicago, IL 60606-6995, USA

Pre registration by: September 16th

(US) \$375, nonmember rate

Phone: 1 312 899-0004

Fax: 1 312 800-0008

E-mail: mtgsinfo@eatright.org

CONFERENCE CALENDAR, 1997-2000

February 27-March 1, 1997

American European Dietetic Association

1997 Annual Conference

Royal City of Windsor, England

For more information, contact:

Barbara Bernard, RD

19 Fiaracres

Ruislip, Middlesex

HA4 8AN

England

Phone: 44 1895 630 776

E-mail: bernardr@linkncts.nctsl.navy.mil

July 27-August 1, 1997

From Nutrition Science to Nutrition Practice for Better Global Health (official language English)

The International Union of Nutritional Sciences

(IUNS) Congress

Montreal, Quebec, Canada

Abstracts due January 15, 1997

CONFERENCE CALENDAR, 1997-2000
continued



For more information, contact:
16th International Congress of Nutrition
c/o Conference Services Office
National Research Council Canada
Ottawa, Ontario, Canada K1A OR6
Fax: 613 993-7250

August 31-September 3, 1997
Second European Forum for Dietitians
European Federation of The Associations of
Dietitians
Helsingor, Denmark
For more information, contact:
OKONOMAFÖRENINGEN
Attn: Birgit Hansen
Norre Voldgade 90
OK-1358 Kobenhavn K.
Denmark
Phone: 45 3313 8211
Fax: 45 3393 8214

August 9-12, 1998
Networks and New Ventures for Asian Dietetics
The 2nd Asian Congress of Dietetics
Organized by the Korean Dietetic Association
Seoul, Korea
Abstracts due March 31, 1998; pre registration by
March 31, 1998
For more information, contact:
The Secretariat
INTERCOM Convention Services, Inc.
4Fl., Jisung Bldg., 645-20

Yoksam 1-dong, Kangnam-gu
Seoul 135-081, Korea
Phone: 82 2 501 7065, 566-6639
Fax: 82 2 565 2434, 3452-7292
E-mail: intercom@soback.kornet.nm.kr

July 23-27, 2000
XIIIth International Congress of Dietetics
International Committee of Dietetic Associations
Edinburgh, Scotland
For more information, contact:
The Congress Secretariat
c/o Meeting Makers
50 George Street
Glasgow G1 1QE
Scotland
United Kingdom
Phone: 44 (0) 141 553 1930
Fax: 44 (0) 141 552 0511

Dietetics Around the World helps ICDA achieve its provisional mission statement of "supporting dietetic associations and their members beyond national and regional boundaries by achieving an integrated communications system, an enhanced image for the profession, and increased awareness of standards of education and practice in dietetics." It is published by The American Dietetic Association (ADA) with funding provided by a grant from the Wimpfheimer-Guggenheim Fund for International Exchange in Nutrition, Dietetics, and Management of the ADA Foundation.

Please distribute this newsletter to your colleagues.

**MEMBERS OF THE INTERNATIONAL
COMMITTEE OF DIETETIC
ASSOCIATIONS (May 1996)**

Editor's note: The addresses listed are for ICDA national associations. The official representatives between ICDA and members of the national associations are also indicated.

Please advise the ICDA Secretariat of your telephone, e-mail, and fax numbers and any changes to your association's mailing address.

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THE NETHERLANDS

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