

D I E T E T I C S



Around the World

The Newsletter for Members of the International Committee of Dietetic Associations

PILOT EDITION

JULY 1994

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INTRODUCING ICDA'S NEWSLETTER— YOUR LINK TO DIETETICS AND NUTRITION ORGANIZATIONS AROUND THE WORLD

Your feedback on this pilot edition is encouraged to make future editions possible for the members of the International Committee of Dietetic Associations (ICDA). We hope you will agree that this newsletter is a great information resource for dietitians and nutritionists around the world. Please share copies with your colleagues, include excerpts from it in your association's newsletter, and write us with your comments and suggestions.

At the 1992 ICDA Executive Committee meeting in Jerusalem, Israel, the idea for this newsletter was presented to the member countries of ICDA by Beverly Bajus, chief operating officer of The American Dietetic Association (ADA) and Foundation (ADAF) and the United States representative to ICDA. The European Federation of Associations of Dietitians' members were also surveyed to gauge their interest in pursuing this idea. At the ICDA Executive Committee meeting in Manila, the Philippines, in February 1993, the committee agreed to proceed with a pilot issue.

A SPECIAL THANK YOU TO...

Alice Adelheid Wimpfheimer, MS, RD, of New York for suggesting the idea for this newsletter and for providing a grant from the Wimpfheimer-Guggenheim Fund for International Exchange in Nutrition, Dietetics, and Management. The grant is being administered by The American Dietetic Association Foundation (ADAF). Ms. Wimpfheimer advocates developing an information

resource network for dietitians in practice and research throughout the world and notes:

"I am happy to support the mission of the ICDA through sponsorship of this newsletter. I believe the purpose of this newsletter should be to disseminate nutrition news of international interest, to honor requests for assistance, and to do joint research, thus facilitating exchange of proposed and existing programs and eliminating duplication of work. In this way each country is afforded the possibility of adapting the projects to its needs, thereby raising the nutritional health of the world community. I envision that the information contained in this newsletter will be shared with countries not yet in ICDA and with international allied organizations for improving global nutrition and universal well-being."

ICDA MISSION

At the ICDA Executive Committee meeting in Manila, a mission statement was proposed: "ICDA's mission is to serve as a forum and/or structure for strengthening linkages and bringing about greater competencies, effectiveness, and efficiency in the global dietetics community." This statement will be discussed with members at the ICDA meeting during the 1996 Congress in the

IN THIS ISSUE

HISTORY OF THE ICD	PAGE 2
RECIPROCITY	PAGE 2
INTERNATIONAL NETWORKS	PAGE 3
CANADA	PAGE 3
UNITED KINGDOM	PAGE 4
ASIA	PAGE 4
CONFERENCE CALENDAR	PAGE 5
ICDA'S SECRETARIAT	PAGE 6
ICDA MEMBERS	PAGE 7

Philippines. It is hoped that this newsletter will help ICDA achieve its mission by providing a means for dietitians worldwide to exchange nutrition information.

THE HISTORY OF THE INTERNATIONAL CONGRESS OF DIETETICS

The first International Congress of Dietetics (ICD) met in Amsterdam in July of 1952. Over the past 42 years since then, the Congresses have provided opportunities to foster international cooperation in nutrition and dietetics on a worldwide basis by offering a forum for the exchange of ideas among delegations from national dietetic associations, individual dietitians, nutritionists, and colleagues from the medical and health management professions.

After the Second World War, Miss D. J. Ten Haaf of the Netherlands proposed that an International Dietetic Association be established. This proposal led to the first International Congress of Dietetics, held in Amsterdam in 1952. The principal objective of this Congress was to discuss common dietetic and nutritional problems, including the training of dietitians, their responsibilities, and the scope of work in various countries.

Acknowledged dietetic associations appointed official representatives, who were to meet during the Congress for discussions. The first International Interim Committee of Dietitians was elected from among these representatives, and served until 1956, when the 2nd Congress in Rome elected a new International Committee.

At the 3rd Congress, held in London in 1961, the name of the committee was changed to the International Committee of Dietetic Associations (ICDA), and the committee was enlarged from five to seven members. Three members of the committee represented the past, present, and future Congress host countries, while the other four were the elected representatives of national dietetic associations.

In 1978 the ICDA became affiliated with the International Union of Nutritional Sciences (IUNS).

IUNS has a liaison representative with the World Health Organization (WHO), the Food and Agriculture Organization of the United Nations (FAO), the United Nations Children's Fund (UNICEF), and many other organizations.

At the 1992 International Planning Committee meeting in Israel, the ICDA Executive Committee appointed a Secretariat to manage the record-keeping functions of the ICDA. Marsha Sharp, executive director of The Canadian Dietetic Association, accepted this position.

Since the ICDA was organized, eleven ICDs have been held in various countries, including Italy, the United Kingdom, Sweden, the United States, Germany, Australia, Brazil, Canada, France, and Israel. From February 18-23, 1996, the 12th International Congress will be held for the first time in Asia, and the Philippines is pleased to be its host.

National associations that are not yet members of the International Committee of Dietetic Associations are encouraged to join. Affiliated organizations are invited to attend the International Congress and be represented by an observer at the Delegates' Meetings. For additional historical or membership information on the ICDA, please contact the ICDA Secretariat at The Canadian Dietetic Association, 480 University Avenue, Suite 601, Toronto, Ontario M5G 1V2 CANADA.

CREDENTIAL RECIPROCITY

Reciprocal agreements provide an opportunity for dietetics professionals meeting specified standards of competency to practice in the international community. Under the provisions of these agreements, dietitians meeting a country's professional dietetic association standards or board of dietetics requirements do not have to complete the country's specific academic and training requirements prior to taking the examination.

The Commission on Dietetic Registration (CDR), credentialing arm of The American Dietetic Association (ADA), and the Republic of the Philippines Professional Regulation Commission

(PRC), have entered into an agreement whereby a nutritionist/dietitian registered with the PRC may take the registration examination given by the CDR. Similarly, dietitians registered with the CDR may take the board examination administered by the PRC.

The PRC/CDR reciprocity agreement was signed by the PRC Commissioner Hermogenes Pobre in Manila on September 16, 1993, and in Chicago on September 29, 1993, by Harold Holler for the CDR. Sanirose Orbeta, chairman of the PRC Board of Nutrition and Dietetics, witnessed both events.

In addition to the most recent reciprocity agreement with the PRC, the CDR has reciprocity with the Dutch Association of Dietitians, Ministry of Welfare, Public Health and Culture (March 1993) and The Canadian Dietetic Association (1984).

STRENGTHENING OUR INTERNATIONAL NETWORKS

NOURRIR L'AVENIR DE
NOS ENFANTS

NEWS FROM CANADA



MANGER MIEUX, C'EST MEILLEUR
MC L'Association canadienne des diététistes

In March 1994, Canadian dietitians stepped forward to provide a strong national voice in promoting healthy eating for children. The United Nations declared 1994 the International Year of the Family, so it is appropriate that the Canadian Nutrition Month Campaign, "Nourishing our Children's Future," focused on the special nutrition needs of children between the ages of four and twelve.

The Canadian Dietetic Association (CDA) collaborated with the Canadian Paediatric Society and Health Canada so that dietitians, paediatricians, and other health professionals could work together to extend the reach of campaign messages. An eight-page children's nutrition and recipe brochure was inserted in the March issue of

Canadian Living magazine, bringing the nutrition message to more than 1 million Canadian households. An additional million copies of the brochure were distributed directly to the public via health professionals. Press releases and public service announcements about the campaign were sent to all major media, and in past years, the campaign's message has reached more than 30 million people a year.

Other resources developed to support the campaign included a 30-page health professional's resource manual containing background information on key nutrition issues for children, reproducible consumer fact sheets, and a colorful campaign poster.

The Canadian Living Foundation for Families, whose mission is to support the development of programs designed to promote the well-being of Canadian families, with the major focus on children, is currently helping groups start up or maintain breakfast programs. CDA members organized breakfast fundraisers in their communities to support this worthwhile cause.

As always, the campaign is made possible through the generous support of campaign sponsors. The official 1994 sponsors were the Canadian Egg Marketing Agency, the Dairy Bureau of Canada, and Kraft General Foods. A copy of the 1994 Nutrition Month resources can be obtained by contacting:

Diana Sheh
The Canadian Dietetic Association
480 University Avenue, Suite 601
Toronto, Ontario M5G 1V2
CANADA

Editor's Note: Future newsletters will feature other countries' nutrition campaigns. Please submit your ideas to us.

ICDA's *Dietetics Around the World* is published by The American Dietetic Association, 216 W. Jackson Blvd., Chicago, Illinois 60606 USA, Fax: 312/899-1758. Please photocopy this newsletter and distribute it to your colleagues, and mail or fax news items to the editor, Eileen Sol.

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NORTH AMERICAN COLLABORATION

The Canadian and American Dietetic Associations (CDA and ADA) published their first joint position paper on adult nutrition and physical fitness in their respective *Journals* in June of 1993. The joint position was developed under an agreement signed by the two organizations in October of 1992. It supports access to accurate and appropriate information that explains the interrelationships between exercise and nutrition, reinforces the important role of nutrition, and encourages appropriate food choices to achieve optimal physical fitness and athletic performance.

The position paper has received endorsements from the Sports Medicine and Science Council of Canada and the American College of Sports Medicine. These endorsements by two highly respected medical associations are indications of the significant opportunities for collaboration that exist between dietetic professionals and physicians.

A copy of the complete position paper is available by writing to either The American or Canadian Dietetic Associations. (See Pages 7-8 for addresses.)

This year CDA and ADA are collaborating on two additional positions--one on nutrition and the human immunodeficiency virus (HIV) and the other on women's health. The HIV paper will be published in both *Journals* this September, and the women's health paper will be published in early 1995.

NEWS FROM THE UNITED KINGDOM (UK)

The British Dietetic Association (BDA) was established in 1936, and the range of activity among its members has significantly broadened over the last few years. This is reflected in the number of specialist and interest groups they support, including Parenteral and Enteral Nutrition, Renal, Community Nutrition, Paediatric, National Dietetic Managers, Mental Health, National Advisory Group for the Elderly, Human Immunodeficiency Virus (HIV)/Acquired Immunodeficiency Syndrome (AIDS), Diabetes

Management Education, Metabolic and Research, Oncology, and Gastro Enterology (*see note below).

While approximately 50 percent of BDA's members work in hospital settings, an increasing number work in: national health service community, private practice, industry, research, freelance, local authorities, government departments, and family health service authorities.

The dietetics profession in the United Kingdom is recognized both locally and nationally by the public and opinion formers as a credible and available source of expertise and advice on nutrition and dietetic issues. Much work has been done recently at the government level in relation to health strategies, and nutritional targets have been set to encourage good health throughout the UK. The following documents have been published in the UK:

*The Health of the Nation,
Targetting Practice--The Contribution of State
Registered Dietitians,
Eat Well, and
The Scottish Diet.*

These publications and equivalent documents in Wales and Northern Ireland all stress the important role of the dietitian in implementing good nutrition advice.

Editor's Note: If your country also has specialty groups, let us know. We will include this information in an upcoming edition of this newsletter.

NEWS FROM ASIA

The Asian Forum of Dietetic Professionals (AFDP) was established in September of 1991, when a group of Asian dietetic association representatives adopted a resolution to form the AFDP at their Sixth Asian Congress of Nutrition held at Kuala Lumpur, Malaysia. This forum would serve to enhance the level of

professionalism of dietetics practitioners and facilitate regional meetings.

The forum was designed to improve the nutrition status of the Asian population, to promote the development of the dietetic profession, and to establish international cooperation for dietetic research and education activities in Asia. Founding members of the AFDP are:

- Hong Kong Nutrition Association
- Indonesia Nutrition Association
- Japan Dietetic Association
- The Nutrition Society of Malaysia
- Nutritionist-Dietitians' Association of the Philippines
- Singapore Nutrition and Dietetics Association
- Taipei Dietitians Association
- Thailand Dietitians Club

The AFDP President also is the President of the Taipei Dietitians Association, Dr. Chwang Leh-Chii, and the Secretary General is Mrs. Murni I.D. Prakoso, a representative of the Indonesia Nutrition Association. The AFDP office is in Taipei, Taiwan. The *Singapore Journal of Nutrition and Dietetics* was selected as the official channel of communication to link member organizations in the new forum.

A conference on dietetics was planned for four-year intervals, and the first will be held in Indonesia this year. The Indonesia Nutrition Association, which has about 2,500 members, 40 percent of whom work in the field of dietetics, will organize this meeting.

CONFERENCE CALENDAR

October 2-5, 1994
Jakarta, Indonesia

The *First Asian Conference of Dietetics* is scheduled for October 2-5, in Jakarta, Indonesia. This is a meeting for dietitians/nutritionists, physicians, educators, scientists, and other medical and health professions who are interested in the field of dietetics and nutrition. The theme of this conference is, "Beyond Nutrition: Challenges and

Opportunities for Professionals in Dietetics." There will be plenary lectures, symposia, workshops, free communication and poster sessions, and scientific exhibitions. The goal is to promote cooperation among individuals interested in dietetics and nutrition, exchange ideas on solving dietetics and nutrition problems in Asia, and provide updates on science and technology in this field. This conference is being hosted by the Indonesia Nutrition Association and the registration fee is \$225 (US currency).

For additional information, contact:

Conference Secretariat
c/o Instalasi Gizi (Dept. of Dietetics)
Dr. Cipto Mangunkusumo Hospital
Jl. Diponegoro 71
P.O. Box 1086
Jakarta 10430, Indonesia
Telephone: 62 021 3143655 or
62 021 3140808 ext. 255
Fax: 62 021 5210176

October 17-20, 1994
Orlando, Florida, USA

The *77th Annual Meeting and Exhibition* of The American Dietetic Association will be held October 17-20, in Orlando, Florida. "Challenging the Future: Shaping Food and Nutrition Choices for a Healthier America" is the theme. Educational sessions, focusing on current nutrition-related research and emerging trends in foodservice and healthcare, will be featured. In addition, more than 350 companies will exhibit equipment, food products, and special tools developed for dietitians/nutritionists. Approximately 10,000 people are expected to attend. The registration fee is \$350 (US currency).

For registration information, contact:

Lucy Spada
The American Dietetic Association
216 W. Jackson Blvd.
Chicago, IL 60606-6995 USA
Telephone: 312 899 0040 (x4851)
Fax: 312 899 1979

June 18-21, 1995
Maastricht, the Netherlands

The *First European Forum for Dietitians*, sponsored by the European Federation of the Associations of Dietitians (EFAD), will focus on all levels of dietitians' work: applied and scientific, clinical and administrative. The scientific program will cover plenary sessions on the work of dietitians in Europe, training programs for dietitians in the EFAD member states, and ethics of the dietetics profession. In addition, there will be seminars, workshops, poster sessions, and a speakers corner. The registration fee for nonmembers for this conference is 600 NLG (approximately \$334 US as of July 1994).

For the second announcement and abstract submission forms, contact:

CONGREX Holland bv
Keizersgracht 782
1017 EC Amsterdam
The Netherlands
Telephone: 31 020 6261372
Fax: 31 020 6259574

February 18-23, 1996
Manila, the Philippines

"Dietitians and Nutrition in an Interdependent World" is the theme of the *XIIth International Congress of Dietetics (ICD)*. It emphasizes that all countries, North and South, East and West, need one another. Dietitians and nutritionists everywhere must think, work, and act together to make the world a better place for all of its citizens. The Congress' technical program, consisting of plenary lectures, symposia, workshops, and sharing sessions, will cover the broad range of interests of dietitians working in various settings. The social program will showcase Philippine culture and hospitality. Educational tours also are being planned. Hosting this event is the Nutritionist-Dietitians' Association of the Philippines.

For additional information, contact:

The Secretariat
XIIth International Congress of Dietetics
Nutritionist-Dietitians' Association of
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Prince Tower Condominium, Unit 208
14 Tordesillas Street, Makati
Metro Manila, Philippines 1200
Telephone: 632-810-50-34
Fax: 632-815-19-35

FUTURE PLANNING

July 27-August 1, 1997
Montreal, Canada

International Union of Nutritional Sciences (IUNS)
Congress. Co-sponsors: The Canadian Dietetic
Association and the National Research Council of
Canada.

For additional information, contact:

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CANADA

NOTES FROM ICDA'S SECRETARIAT

NEWSLETTER To produce this pilot newsletter, the ICDA Executive Committee members submitted the news articles for this edition. We would like to thank the Executive Committee members from Canada (Marsha Sharp), Israel (Naomi Trostler), Japan (Teiji Nakamura), the Philippines (Sony Macalalag), Sweden (Karin Hådel), the UK (Irene Mackay), and the USA (Beverly Bajus) for their input. The success of this newsletter will depend on each member country submitting news to us.

If you would like to see a particular item discussed in the future, please write and let us know. We anticipate publishing a follow-up newsletter in early 1995, depending on the interest of member countries. We encourage the submission of articles no later than January 9, 1995. The criteria for submission of materials are 1) must be in

English and 2) articles should be of international interest containing 500 words or less.

DUES Fees for 1993 and 1994 were invoiced and due December 31, 1993. To date, most countries have responded. For those that submitted payment, thanks. For those that have not yet paid, please send payment to The Canadian Dietetic Association (CDA).

Fees for 1995 and 1996 will be invoiced in September of 1995. Please advise the CDA of any changes in representative.

MEMBERS OF THE INTERNATIONAL COMMITTEE OF DIETETIC ASSOCIATIONS

Editor's note: The following list was submitted by the ICDA Secretariat. If any changes are needed, or to add your telephone and fax numbers, please write the ICDA Secretariat, c/o the CDA.

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